Baderegeln englisch

Rules for bathing in public waters in Germany

Here in Germany, these rules are being publicized by the two largest Water-Rescue-Organizations, “Wasserwacht” of the German Red Cross and “Deutsche Lebens-Rettungs-Gesellschaft (DLRG)”. In addition, both organizations also publicized the rules for behaving on frozen surface.

In Germany knowledge of these rules are requirements to obtain all youth and adult swimming badges.

- Obtain knowledge of the rules to help yourself in unfamiliar situations i.e. cramps, currents, vortexes and so on!
- Never to swimming with a full or completely stomach!
- Cool your body down, before getting into the water and leave the water immediately as soon as you feel cold!
- Non-swimmers should only enter water that does not exceed chest level!
- Only jump, if the water is deep enough and free of obstacles!
- Unknown riversides are dangerous!
- Avoid swampy waters and those with high amount of plant life in them!
- Shipping lanes, river dams, flood and water gates, bridge pillars, piers and barrages are not swim and bathing zones!
- It is life threatening to swim during a thunderstorm!
- Do not overestimate your abilities and strength in open waters!
- Air matrasses, tire tubes and inflatable animals are dangerous toys!
- Swimming and bathing on the ocean shore involves particular dangers: Ask a local, before heading into the water!
- Be considerate of others, especially children!
- Do not contaminate the water and use proper hygiene!
- After exiting the water, take off your swimsuit and dry yourself off!
- Avoid intensive sun bathing!
- Never call for help, unless you really need it, but help others when they need help!