

Baderegeln englisch

Rules for bathing in public waters in Germany

Here in Germany, these rules are being publicized by the two largest Water-Rescue-Organizations, “[Wasserwacht](#)“ of the German Red Cross and “[Deutsche Lebens-Rettungs-Gesellschaft \(DLRG\)](#)”. In addition, both organizations also publicized the rules for behaving on frozen surface.

In Germany knowledge of these rules are requirements to obtain all youth and adult swimming badges.

- Obtain knowledge of the rules to help yourself in unfamiliar situations i.e. cramps, currents, vortexes and so on!
- Never to swimming with a full or completely stomach!
- Cool your body down, before getting into the water and leave the water immediately as soon as you feel cold!
- Non-swimmers should only enter water that does not exceed chest level!
- Only jump, if the water is deep enough and free of obstacles!
- Unknown riversides are dangerous!
- Avoid swampy waters and those with high amount of plant life in them!
- Shipping lanes, river dams, flood and water gates, bridge pillars, piers and barrages are not swim and bathing zones!
- It is life threatening to swim during a thunderstorm!
- Do not overestimate your abilities and strength in open waters!
- Air matrasses, tire tubes and inflatable animals are dangerous toys!
- Swimming and bathing on the ocean shore involves particular dangers: Ask a local, before heading into the water!
- Be considerate of others, especially children!
- Do not contaminate the water and use proper hygiene!
- After exiting the water, take off your swimsuit and dry yourself off!
- Avoid intensive sun bathing!
- Never call for help, unless you really need it, but help others when they need help!