

# Growing Older in Bamberg



**An Information Brochure of the Official Responsible for Senior Citizens**

## **Message of Greetings from the Mayor and the Adviser for Municipal, Social and Environmental Affairs**



My Dear Fellow Citizens,

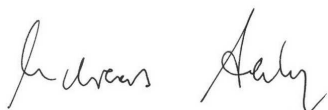
Bamberg offers older people a great deal of fascinating lifestyle possibilities. This informative brochure from our official for the elderly, Mr Peter Friedrich, should ensure that you are familiar with every perspective.

In the first part, for example, you will find an exhaustive list of the varied leisure and education activities on offer in Bamberg.

You can seek the advice of experts regardless of whatever problems you may experience in your daily routine. This guide cites competent advice centres for questions of health and safety in advancing age. In addition, you will find the addresses of reliable contacts for economic and legal problems as well as in questions of residence.

An overview of the services available in Bamberg for persons in need of care and a chapter on making provisions in the event of death bring the extensive range of hints and addresses to a conclusion.

We hope that you will find many tips here to make your life in Bamberg easier, and that these will serve to enrich that life, too.



Andreas Starke  
Mayor



Rupert Grimm  
Adviser for  
Municipal, Social and  
Environmental Affairs

## Important Telephone Numbers

Police	110
Fire Brigade	112
Ambulance / Emergency Doctor	09 51 / 1 92 22
Doctor on call	0 18 05 / 19 12 12
On call Medical Practice	09 51 / 7 00 20 70
Emergency Stroke Number	09 51 / 50 31 36 36
Emergency Poisoning Number, Munich	0 89 / 1 92 40
Poison Information, Nuremberg	09 11 / 3 98 24 51
Emergency Chemist's Number	see Daily Newspaper
Town Hall, Main Switchboard	09 51 / 87-0
Info-Counter (General Information)	09 51 / 87 10 18
Lost Property Office	09 51 / 87 12 68
Municipal Disruption Service for Gas, Water and Electricity	09 51 / 77-0
Service-Centre, Main Bus Station Information and Sales Point	09 51 / 77 49 00
Transport for the Handicapped:	
(St. John's Ambulance/Johanniter)	09 51 / 1 92 14
(ASB)	0 91 91 / 70 07 13
(BRK)	09 51 / 2 22 22
Wheelchair-Accessible Taxis:	
Taxi Rümpelein	01 72 / 8 60 35 60
or	01 70 / 1 54 43 73
Taxi Co-operative	09 51 / 1 50 15
or	09 51 / 1 94 10
Protestant Pastoral Care	08 00 / 1 11 01 11
Catholic Pastoral Care	08 00 / 1 11 02 22

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# 1

# Education, Leisure Time and Culture



<b>1.1</b>	<b>Archives and Libraries / The Preservation of Historic Monuments and the Natural Habitat</b>
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Many older people use their free time to broaden their existing knowledge or to acquire completely new skills.

The libraries in Bamberg thus have something to offer for every taste.

Please see the citizens' information brochure *Living in Bamberg: Fascination World Cultural Heritage*, which is available in the

### **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

Amongst others, the following institutions offer insights into family and home research, not to mention similar themes of historical interest:

### **Bamberg Historical Society**

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Untere Sandstraße 30 a  
96049 Bamberg  
Tel. 09 51 / 2 32 48 or 87 13 71  
[www.hv-bamberg.de](http://www.hv-bamberg.de)

info@hv-bamberg.de

## **Bamberg City Archive**

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Untere Sandstraße 30 a

96049 Bamberg

Tel. 09 51 / 87 13 70

[www.bamberg.de/stadtarchiv](http://www.bamberg.de/stadtarchiv)

[stadtarchiv@stadt.bamberg.de](mailto:stadtarchiv@stadt.bamberg.de)

## **1.2 Museums**

The numerous museums in the city of Bamberg are proud to display their treasures. Please take time to visit them and allow yourself to be enchanted by the wide diversity of organised exhibitions in the city.

A detailed brochure on this topic may be obtained from the following locations:

### **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

### **Historical Museum**

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Domplatz 7  
96049 Bamberg  
Tel. 09 51 / 5 19 07 46 or 87 11 42  
[www.bamberg.de](http://www.bamberg.de)  
[museum@stadt.bamberg.de](mailto:museum@stadt.bamberg.de)

## **Tourism and Congress Service**

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Geyerswörthstraße 3

96047 Bamberg

Tel. 09 51 / 2 97 62 00

[www.bamberg.info](http://www.bamberg.info)

[touristinfo@bamberg.info](mailto:touristinfo@bamberg.info)

<b>1.3</b>	<b>Theatre / Music / Cabaret / Cinema</b>
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As a world cultural heritage city, Bamberg boasts a multitude of possibilities. Whether it be classical drama or modern theatre, musicals or the renowned puppet theatre, Bamberg has something to offer for all tastes and every occasion.

Please see the citizens' information brochure *Living in Bamberg: Fascination World Cultural Heritage*, which is available in the

### **Information Centre of the City of Bamberg**

---

Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

Cinemas / Cinemas for Senior Citizens:  
Please consult the daily newspaper or the Bamberg Senior Citizens' magazine.

Further information can also be found under:
1.7 Senior Citizens' Clubs and Circles
1.8 Meeting Places for Senior Citizens
1.14 Senior Citizens' Magazine



## **1.4 Guided Tours of the City**

Guided tours of the city offer newcomers and old established inhabitants alike the chance to discover new and previously unknown things from a fresh perspective. The former can familiarise themselves with the sights and the amiability of our city in this fashion.

General guided tours and specialised tours concerning specific themes may be booked via:

### **AGIL Office for Applied Archaeology**

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Schranne 4 c  
96049 Bamberg  
Tel. 09 51 / 5 19 03 89  
[www.agil-bamberg.de](http://www.agil-bamberg.de)  
[agil-@web.de](mailto:agil-@web.de)

### **History for All - previously Bamberger Schleichwegla e.V.**

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Wiesentalstraße 32  
90419 Nürnberg  
Tel. Bamberg 09 51 / 9 68 55 27  
Tel. Nürnberg 09 11 / 30 73 60  
Info: 09 11 / 3 07 36 20  
[www.geschichte-fuer-alle.de](http://www.geschichte-fuer-alle.de)  
[info@geschichte-fuer-alle.de](mailto:info@geschichte-fuer-alle.de)

## **Tourism and Congress Service**

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Geyerswörthstraße 3  
96047 Bamberg  
Tel. 09 51 / 2 97 62 00  
[www.bamberg.info](http://www.bamberg.info)  
[touristinfo@bamberg.info](mailto:touristinfo@bamberg.info)

## **Adult Education Centre, Bamberg**

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Tränkgasse 4  
96052 Bamberg  
Tel. 09 51 / 87 11 08  
[www.vhs-bamberg.de](http://www.vhs-bamberg.de)  
[info@vhs-bamberg.de](mailto:info@vhs-bamberg.de)

<b>1.5</b>	<b>Further Education / Learning for the Elderly</b>
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Learning in my old age?

Can I manage that? What use is it to me?

- You will get to know and understand the context of things in a new way
- You will be able to converse in an informed fashion
- You will make new acquaintances
- You will be able to discover your creative abilities and train them, boosting your self-confidence
- You will thus train your brain-cells, thereby keeping yourself young

There is an extensive range of options for the further education of senior citizens available in Bamberg.

### **A-L-F**

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Hainstraße 17  
96047 Bamberg  
Tel. 09 51 / 2 46 66  
[www.alf-ev.de](http://www.alf-ev.de)  
[alf.bamberg@alf-ev.de](mailto:alf.bamberg@alf-ev.de)

### **Archiepiscopal Ordinariate Pastoral Care for Adults and Senior Citizens**

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Jakobsplatz 9  
96049 Bamberg  
Tel. 09 51 / 50 26 33  
[www.erzbistum-bamberg.de](http://www.erzbistum-bamberg.de)  
[altenpastoral@erzbistum-bamberg.de](mailto:altenpastoral@erzbistum-bamberg.de)

**Mortimer English Club in Bamberg**  
**Owner: Ingrid Rasch**

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Meranierstraße 62  
96049 Bamberg  
Tel. 09 51 / 1 20 68 45  
[www.mortimer-bamberg.de](http://www.mortimer-bamberg.de)  
[mortimer-bamberg@web.de](mailto:mortimer-bamberg@web.de)

**University of Bamberg**  
**Studies for Visitors and Senior Citizens**

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Kapuzinerstraße 16, Raum 308  
96047 Bamberg  
Tel. 09 51 / 8 63 12 26  
[www.uni-bamberg.de/studium/studienangebot/  
studiengaenge/gaststudium](http://www.uni-bamberg.de/studium/studienangebot/studiengaenge/gaststudium)

**Adult Education Centre, Bamberg**

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Tränkgasse 4  
96052 Bamberg  
Tel. 09 51 / 87 11 08  
[www.vhs-bamberg.de](http://www.vhs-bamberg.de)  
[info@vhs-bamberg.de](mailto:info@vhs-bamberg.de)

Further information can also be found under:

- 1.1 Archives and Libraries / The Preservation of Historic Monuments and the Natural Habitat
- 1.2 Museums
- 1.4 Guided Tours of the City
- 1.6 Senior Citizens and the Internet
- 1.7 Senior Citizens' Clubs and Circles
- 1.8 Meeting Places for Senior Citizens
- 1.10 Holidays and Trips
- 1.11 Churches
- 1.13 Intercultural Institutions and Advice Centres for Migration

## **1.6 Senior Citizens and the Internet**

Computers and the internet remain a closed book to many older people. Dealing with computers and surfing the internet is nevertheless frequently simpler than it first appears. The following institutions offer special courses for senior citizens:

### **bfz – Vocational Training Centres of the Bavarian Economy**

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Linderstraße 1  
96052 Bamberg  
Tel. 09 51 / 9 32 24 33  
[www.ba.bfz.de](http://www.ba.bfz.de)  
[info@zentrale.bfz.de](mailto:info@zentrale.bfz.de)

### **Citizens' Network 60 Plus**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 2 97 29 00  
[www.60plus.bnv-bamberg.de](http://www.60plus.bnv-bamberg.de)  
[60plus@bnv-bamberg.de](mailto:60plus@bnv-bamberg.de)

### **Adult Education Centre**

---

Tränkgasse 4  
96052 Bamberg  
Tel. 09 51 / 87 11 08  
[www.vhs-bamberg.de](http://www.vhs-bamberg.de)  
[info@vhs-bamberg.de](mailto:info@vhs-bamberg.de)

Further information can also be found under:  
1.5 Further Education / Learning for the Elderly

## **1.7 Senior Citizens' Clubs and Circles**

Bamberg's senior citizens' clubs and circles offer an attractive programme of events. Regular meetings make it possible to establish new contacts, as well as to find entertainment and good company. Amongst other things, the circles organise outings and tours, hold gaming afternoons, offer the opportunity to participate in discussion groups or simply invite you for coffee and cakes. Numerous senior citizens' circles were originally formed according to parish. Please simply make enquiries in your own parish or congregation.

### **Old Peoples' Club St. Urban "Second Bloom"**

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Babenbergerring 26 a  
96049 Bamberg  
Tel. 09 51 / 95 55 00  
[www.st-urban-bamberg.de](http://www.st-urban-bamberg.de)  
[unsere-liebe-frau.bamberg@erzbistum-bamberg.de](mailto:unsere-liebe-frau.bamberg@erzbistum-bamberg.de)

### **Bavarian Red Cross – Senior Citizens' Club**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 9 81 89 13



## **Senior Citizens' Circle, Bug**

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Bierkrugweg 3  
96049 Bamberg  
Tel. 09 51 / 5 83 76

## **Association of Retired Civil Servants, Pensioners and Bereaved Families**

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Urbanstraße 7  
96047 Bamberg  
Tel. 09 51 / 2 75 89

## **Women's Circle, Cathedral Parish Office**

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Jakobsberg 27 a  
96049 Bamberg  
Tel. 09 51 / 5 55 56  
[www.dompfarrei.de](http://www.dompfarrei.de)  
[dompfarrei@erzbistum-bamberg.de](mailto:dompfarrei@erzbistum-bamberg.de)

## **Singing Society "Liederhort 1874", Gaustadt**

---

Aufbaustraße 16  
96049 Bamberg  
Tel. 09 51 / 6 92 07

## **KAB Senior Citizens, St. Gangolf**

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Nürnberger Straße 1  
96050 Bamberg  
Tel. 09 51 / 2 16 01  
[www.st-gangolf.de](http://www.st-gangolf.de)  
[st-gangolf.bamberg@erzbistum-bamberg.de](mailto:st-gangolf.bamberg@erzbistum-bamberg.de)

## **KAB Senior Citizens, Regional Chapter for the City of Bamberg**

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Höhenstraße 1  
96049 Bamberg  
Tel. 09 51 / 6 22 19

## **Kneipp Association, Bamberg**

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Josephstraße 33  
96052 Bamberg  
Tel. 09 51 / 20 23 65

## **Regulars' Table for Men Over 60**

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Kunigundendamm 15  
96050 Bamberg  
Tel. 09 51 / 2 36 88  
[www.erloeserkirche-bamberg.de](http://www.erloeserkirche-bamberg.de)  
[erloeserkirche.bamberg@t-online.de](mailto:erloeserkirche.bamberg@t-online.de)

## **Community Centre for Senior Citizens**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 40  
[www.dwbf.de](http://www.dwbf.de)  
[s.kaussler-spaeter@dwbf.de](mailto:s.kaussler-spaeter@dwbf.de)

## **Senior Citizens' Club of the Workers' Welfare Association**

---

Hauptsmoorstraße 26 a  
96052 Bamberg  
Tel. 09 51 / 4 07 42 36

## **Senior Citizens' Club for FT Pensioners**

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Unterer Kaulberg 13  
96049 Bamberg  
Tel. 09 51 / 5 79 48

## **Senior Citizens' Club for the Jewish Community**

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Willy-Lessing-Straße 7 a  
96047 Bamberg  
Tel. 09 51 / 29 78 70

## **Senior Citizens' Club, Obere Pfarre**

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Frauenplatz 2  
96049 Bamberg  
Tel. 09 51 / 5 20 18  
[www.obere-pfarre-bamberg.de](http://www.obere-pfarre-bamberg.de)  
[unsere-liebe-frau.bamberg@erzbistum-bamberg.de](mailto:unsere-liebe-frau.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Club, St. Gangolf**

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Theuerstadt 4  
96050 Bamberg  
Tel. 09 51 / 2 34 05  
[www.st-gangolf.de](http://www.st-gangolf.de)  
[st-gangolf.bamberg@erzbistum-bamberg.de](mailto:st-gangolf.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Club, St. Otto**

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Siechenstraße 84  
96052 Bamberg  
Tel. 09 51 / 6 91 10

## **Senior Citizens' Group, Gereuth-Hochgericht**

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Wolgangsplatz 1  
96050 Bamberg  
Tel. 09 51 / 1 56 39

## **Senior Citizens' Circle of the Church of the Resurrection**

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Pestalozzistraße 27  
96052 Bamberg  
Tel. 09 51 / 3 12 57  
[www.auferstehungskirche-bamberg.de](http://www.auferstehungskirche-bamberg.de)  
[buero@auferstehungskirche-bamberg.de](mailto:buero@auferstehungskirche-bamberg.de)

## **Senior Citizens' Circle of the Cathedral Parish Office of St. Peter and St. George**

---

Domstraße 3 a  
96049 Bamberg  
Tel. 09 51 / 2 99 55 90  
[www.dompfarrei.de](http://www.dompfarrei.de)  
[dompfarrei@erzbistum-bamberg.de](mailto:dompfarrei@erzbistum-bamberg.de)

## **Senior Citizens' Circle of the Church of the Redeemer**

---

Kunigundendamm 15  
96050 Bamberg  
Tel. 09 51 / 2 36 88  
[www.erloeserkirche-bamberg.de](http://www.erloeserkirche-bamberg.de)  
[pfarramt.erloeser.ba@elkb.de](mailto:pfarramt.erloeser.ba@elkb.de)

## **Senior Citizens' Circle, Maria Hilf / St. Wolfgang**

---

Wunderburg 4  
96050 Bamberg  
Tel. 09 51 / 13 05 30  
[www.pfarrei-maria-hilf-wunderburg.de](http://www.pfarrei-maria-hilf-wunderburg.de)  
[maria-hilf.bamberg@erzbistum-bamberg.de](mailto:maria-hilf.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Circle, St. Anna**

---

Heinkelmannstraße 1  
96050 Bamberg  
Tel. 09 51 / 13 32 00  
[www.st-anna-bamberg.de](http://www.st-anna-bamberg.de)  
[st-anna.bamberg@erzbistum-bamberg.de](mailto:st-anna.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Circle, St. Heinrich**

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Eckbertstraße 30  
96052 Bamberg  
Tel. 09 51 / 5 19 59 90  
[www.st-heinrich-bamberg.de](http://www.st-heinrich-bamberg.de)  
[st-heinrich.bamberg@erzbistum-bamberg.de](mailto:st-heinrich.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Circle, St. Josef**

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Dr.-Martinet-Straße 11  
96049 Bamberg  
Tel. 09 51 / 96 58 80  
[www.st-josef-gaustadt.de](http://www.st-josef-gaustadt.de)  
[st-josef.gaustadt@erzbistum-bamberg.de](mailto:st-josef.gaustadt@erzbistum-bamberg.de)

## **Senior Citizens' Circle, St. Kunigund**

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Joseph-Otto-Kolb-Straße 1  
96052 Bamberg  
Tel. 09 51 / 4 50 53  
[www.st-kunigund-bamberg.de](http://www.st-kunigund-bamberg.de)  
[st-kunigund.bamberg@erzbistum-bamberg.de](mailto:st-kunigund.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Circle, St. Martin / St. Josef**

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An der Universität 2  
96047 Bamberg  
Tel. 09 51 / 98 12 10  
[www.st-martin-bamberg.de](http://www.st-martin-bamberg.de)  
[st-martin.bamberg@erzbistum-bamberg.de](mailto:st-martin.bamberg@erzbistum-bamberg.de)

## **Senior Citizens' Circle, Wildensorg**

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Wildensorger Hauptstraße 50  
96049 Bamberg  
Tel. 09 51 / 5 60 16

## **Senior Citizens' Dance Group, St. Martin / St. Josef**

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Balthasar-Neumann-Straße 18  
96047 Bamberg  
Tel. 09 51 / 98 12 10  
[www.st-martin-bamberg.de](http://www.st-martin-bamberg.de)  
[st-martin.bamberg@erzbistum-bamberg.de](mailto:st-martin.bamberg@erzbistum-bamberg.de)

## **Transnet-GdED**

---

Ludwigstraße 8  
96052 Bamberg  
Tel. 09 51 / 3 59 76

## **ver.di, Trade Union Club for Senior Citizens**

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Lange Straße 46  
96047 Bamberg  
Tel. 09 51 / 1 33 74 33

Further information can also be found under:

- 1.8 Meeting Places for Senior Citizens
- 1.11 Churches
- 1.14 Senior Citizens' Magazine
- 3 Representation for Senior Citizens

<b>1.8</b>	<b>Meeting Places for Senior Citizens</b>
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The voluntary employees in the open pub for senior citizens owned by the city of Bamberg look forward to every visitor. The same is true of the meeting places in other districts. Coffee and cold drinks are available at reasonable prices, and there is the possibility to converse and play games. Our city-owned pub for senior citizens, for instance, is open from 14:00 until 17:00 on all days of the week, including Sundays and public holidays, except for Wednesdays. Interested parties may become involved on a voluntary basis in any and all of the community centres in question should they so desire.

### **Cafe Rotundo**

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Kunigundendamm 15  
96050 Bamberg  
Tel. 09 51 / 2 36 88  
[www.erloeserkirche-bamberg.de](http://www.erloeserkirche-bamberg.de)  
[pfarramt.erloeser.ba@elkb.de](mailto:pfarramt.erloeser.ba@elkb.de)

### **Kangaroo Mothers' Centre Meeting Place for Young and Old**

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Nürnbergger Straße 108 k  
96050 Bamberg  
Tel. 09 51 / 4 08 13 17  
[www.mz-kaenguruh.de](http://www.mz-kaenguruh.de)  
[info@mz-kaenguruh.de](mailto:info@mz-kaenguruh.de)



## **OASIS Advice and Encounters**

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Luitpoldstraße 28  
96052 Bamberg  
Tel. 09 51 / 98 21 00  
www.skf-bamberg.de  
oase.spdi@skf-bamberg.de

## **Open Municipal Pub for Senior Citizens**

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Schützenstraße 21  
96047 Bamberg  
Tel. 09 51 / 87 15 14

## **Community Centre for Senior Citizens**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 40  
www.dwbf.de  
s.kaussler-spaeter@dwbf.de

## **Rendezvous Gartenstadt**

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Wacholderweg 1 a  
96052 Bamberg  
Tel. 09 51 / 4 82 87

Further information can also be found under:

- 1.7 Senior Citizens' Clubs and Circles
- 1.12 Municipal Events for Senior Citizens
- 1.13 Intercultural Institutions and Advice Centres for Migration
- 1.14 Senior Citizens' Magazine
- 3 Representation for Senior Citizens

## **1.9 Sport for the Elderly**

Even with advancing age, sport contributes a great deal to maintaining physical activity and keeping one healthy. Furthermore, shared sporting activities present good possibilities to establish new contacts. It is, however, advisable to seek sound advice as regards health beforehand, so that one may pursue sport without worrying even as a senior citizen.

Many other possibilities exist besides the options cited here. Local clubs, educational establishments, self-help groups, senior citizens' circles, charitable associations as well as the municipal department for the administration of schools and sport can provide the relevant information. Moreover, an extensive list of sports clubs may be found in the citizens' information brochure *Living in Bamberg: Fascination World Cultural Heritage*, which is available in the

### **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

Further information can also be found under:

- 1.5 Further Education / Learning for the Elderly
- 1.7 Senior Citizens' Clubs and Circles
- 1.8 Meeting Places for Senior Citizens
- 1.11 Churches
- 1.12 Municipal Events for Senior Citizens
- 1.14 Senior Citizens' Magazine
- 4.3 Advice in Particular Situations / Self-Help Office

## **1.10 Holidays and Trips**

He who rests gets rusty. This applies especially to older people. Travelling not only keeps one mentally and physically fit. It also provides opportunities to get to know people with identical interests, besides combating loneliness and isolation. A large number of organisers offer a wide range of options for older people, which run the gamut from one-day outings to educational tours or holiday trips that last several days. In addition to local travel agents, some of the companies that provide special offers for senior citizens include:

### **Bavarian Red Cross, Bamberg Chapter**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 98 18 90  
[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)  
[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

### **BTE Train Tourism Express**

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Ludwigstraße 6  
96052 Bamberg  
Tel. 09 51 / 2 08 45 08  
[www.bahntouristik.com](http://www.bahntouristik.com)  
[bamberg@bahntouristikexpress.de](mailto:bamberg@bahntouristikexpress.de)

**Deutsche Bahn  
24-Hour Rail Information with Forwarding to  
the Travel Service Centre**

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Ludwigstraße 6  
96052 Bamberg  
Tel. 01 80 / 5 99 66 33

**Deutsche Bahn  
- Automatic Timetable Information**

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Ludwigstraße 6  
96052 Bamberg  
Tel. 08 00/ 1 50 70 90

**Travel Escort Service of the Nuremberg Station  
Mission in Deutsche Bahn's Local Trains**

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Main Railway Station  
90443 Nürnberg  
Tel. 09 11 / 2 29 96  
[www.bahnhofsmission.de](http://www.bahnhofsmission.de)  
[evelyn.deyrer@stadtmission-nuernberg.de](mailto:evelyn.deyrer@stadtmission-nuernberg.de)

**Social Welfare Association VdK**

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Mußstraße 28  
96047 Bamberg  
Tel. 09 51 / 51 93 50  
[www.vdk-bamberg.de](http://www.vdk-bamberg.de)  
[kv-bamberg@vdk.de](mailto:kv-bamberg@vdk.de)

## **Adult Education Centre, Bamberg**

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Tränkgasse 4  
96052 Bamberg  
Tel. 09 51 / 87 11 08  
[www.vhs-bamberg.de](http://www.vhs-bamberg.de)  
[info@vhs-bamberg.de](mailto:info@vhs-bamberg.de)

Further information can also be found under:

- 1.7 Senior Citizens' Clubs and Circles
- 1.8 Meeting Places for Senior Citizens
- 1.11 Churches
- 1.14 Senior Citizens' Magazine

## **1.11 Churches**

The churches are not only there to give spiritual and religious assistance. For senior citizens they offer many and diverse possibilities. These range from further education, outings and cultural events to opportunities to meet in the parish offices, via visits for those in need of care.

You can request further information from your parish. In addition, an exact list of all churches, monasteries, convents and religious communities is contained in the citizens' information brochure *Living in Bamberg: Fascination World Cultural Heritage*, which is available in the

### **Information Centre of the City of Bamberg:**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

Further information can also be found under:

- 1.5 Further Education / Learning for the Elderly
- 1.7 Senior Citizens' Clubs and Circles
- 1.8 Meeting Places for Senior Citizens
- 1.14 Senior Citizens' Magazine
- 9.3 Terminal Care

## **1.12 Municipal Events for Senior Citizens**

Together with his employees, the official responsible for senior citizens has offered a varied and popular programme for the elderly for years. The senior citizens' concert, which takes place in spring or summer with over 150 performers, constitutes the highlight of these events, and constantly sells out the Joseph Keilberth Hall. What is more, the carnival dance in the Hegel Hall as well as the traditional wine festival in the historical inner courtyard of Geyerswörth Palace are likewise worthy of a mention. So too are the monthly senior citizens' walking tours, in which an average of between 150 and 200 senior citizens participate.

Furthermore, as required, the city of Bamberg offers various information discussions and panel debates together with other co-organisers.

### **Municipal Official Responsible for Senior Citizens**

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Geyerswörthstraße 3  
(Annexe Rathaus Geyerswörth)  
96047 Bamberg  
Tel. 09 51 / 87 15 14  
[www.bamberg.de](http://www.bamberg.de)  
[seniorenbeauftragter@stadt.bamberg.de](mailto:seniorenbeauftragter@stadt.bamberg.de)



Further information can also be found under:

1.7 Senior Citizens' Clubs and Circles

1.8 Meeting Places for Senior Citizens

1.10 Holidays and Trips

1.14 Senior Citizens' Magazine

2.1 Departments of the City of Bamberg

<b>1.13</b>	<b>Intercultural Institutions and Advice Centres for Migration</b>
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Contact for the needs of older people with a foreign background:

### **Municipal Advisory Committee for Migrants and Integration**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 18 70 and 87 18 72  
[www.mib.stadt.bamberg.de](http://www.mib.stadt.bamberg.de)  
[mib@stadt.bamberg.de](mailto:mib@stadt.bamberg.de)

Societies for foreigners and other inter-cultural institutions may be found in citizens' information brochure *Living in Bamberg: Fascination World Cultural Heritage*, which is available in the

### **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

## **Caritas Advice Centre Migration Advice for Adults (MBE)**

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Geyerswörthstraße 2  
96047 Bamberg  
Tel. 09 51 / 2 99 57 23  
[vid.barisic@caritas-bamberg.de](mailto:vid.barisic@caritas-bamberg.de)

## **Protestant Emigrant Work in the Bamberg Deanery**

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Egelseestraße 51  
96050 Bamberg  
Tel. 09 51 / 2 08 48 50 or 01 63 / 2 01 55 40  
[aussiedlerarbeit.ba@elkb.de](mailto:aussiedlerarbeit.ba@elkb.de)

## **Specialist Service for Migration and Integration**

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Schwarzenbergstraße 8  
96050 Bamberg  
Tel. 09 51 / 86 85 11 or 86 85 12  
[www.skf-bamberg.de/migration](http://www.skf-bamberg.de/migration)  
[migration@skf-bamberg.de](mailto:migration@skf-bamberg.de)

## **Jewish Community, Bamberg**

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Willy-Lessing-Straße 7 a  
96047 Bamberg  
Tel. 09 51 / 29 78 70  
[www.ikg-bamberg.de](http://www.ikg-bamberg.de)

**Social Service for Migration, Workers' Welfare  
Association, Local Chapter for Town and  
Country, Bamberg**

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Theatergassen 7

96047 Bamberg

Tel. 09 51 / 91 70 09 36 or 91 70 09 37

[www.awo-bamberg.de](http://www.awo-bamberg.de)

[migrationssozialdienst@awo-bamberg.de](mailto:migrationssozialdienst@awo-bamberg.de)

## **1.14 Senior Citizens' Magazine**

The senior citizens' magazine is published by the *Fränkischer Tag* as supplement four times a year. It deals primarily with the life and activities of senior citizens, especially those in and around Bamberg, as well as with pan-regional thematic areas of "age". Do you have a great idea or a request that could prove interesting to other senior citizens? Are you part of a society or an institution about which a wider spectrum of the public deserves to be informed? If so, please contact the editorial staff under the following address:

***Fränkischer Tag***  
**Editorial Department *Senior Citizens' Magazine***  
**For the Attention of Mrs Irmtraud Fenn-Nebel**

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Gutenbergstraße 1  
96050 Bamberg  
Tel. 09 51 / 18 84 18  
[www.fraenkischer-tag.de](http://www.fraenkischer-tag.de)  
[i.fenn-nebel@fraenkischer-tag.de](mailto:i.fenn-nebel@fraenkischer-tag.de)

You can pick up the senior citizens' magazine for free in many shops, chemists and doctors' practices throughout Bamberg. A reliable stock may be found in the offices of the official responsible for senior citizens as well as in the information centre of the city of Bamberg, amongst other places.

Further information can also be found under:

- 1.3 Theatre / Music / Cabaret / Cinema
- 1.7 Senior Citizens' Clubs and Circles
- 1.8 Meeting Places for Senior Citizens
- 1.9 Sport for the Elderly
- 1.10 Holidays and Trips
- 1.11 Churches
- 1.12 Municipal Events for Senior Citizens
- 1.13 Intercultural Institutions and Advice  
Centres for Migration

## Notes

**2**

**Contacts at  
the City of  
Bamberg**





<b>2.1</b>	<b>Departments of the City of Bamberg</b>
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Older people will always find an open ear for their worries and troubles in the departments of the city of Bamberg. They can receive personal advice, information and help from the following offices, a selection of which are listed here as follows:

### **General Social Services of the Municipal Youth Office**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 31 or 87 15 62  
[www.bamberg.de](http://www.bamberg.de)  
[jugendamt@stadt.bamberg.de](mailto:jugendamt@stadt.bamberg.de)

### **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 14 98  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

### **Representative for Disabled People**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 69  
[www.bamberg.de](http://www.bamberg.de)  
[nicole.orf@stadt.bamberg.de](mailto:nicole.orf@stadt.bamberg.de)

## **Care Office**

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Obere Brücke 1  
96047 Bamberg  
Tel. 09 51 / 87 15 52  
[www.bamberg.de](http://www.bamberg.de)  
[leonhard.weingaertner@stadt.bamberg.de](mailto:leonhard.weingaertner@stadt.bamberg.de)

## **Waste Disposal and Construction (Bulky Refuse, Street Cleaning, Rubbish Collection)**

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Margaretendamm 40  
96052 Bamberg  
Tel. 09 51 / 87 71 11  
[www.ebb-bamberg.de](http://www.ebb-bamberg.de)  
[ebb@stadt.bamberg.de](mailto:ebb@stadt.bamberg.de)

## **Residents' Registration Office**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 12 72  
[www.bamberg.de](http://www.bamberg.de)  
[karoline.zapf@stadt.bamberg.de](mailto:karoline.zapf@stadt.bamberg.de)

## **Department for Institutions for Those Requiring Care and the Disabled: Quality Development and Supervision (FQA), formerly Home Help**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 24  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

## **Lost Property Office**

---

Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 12 68  
[www.bamberg.de](http://www.bamberg.de)  
[anja.ortlauf@stadt.bamberg.de](mailto:anja.ortlauf@stadt.bamberg.de)

## **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

## **Municipal Office for Equality**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 14 40  
[www.bamberg.de](http://www.bamberg.de)  
[gleichstellungsbeauftragte@stadt.bamberg.de](mailto:gleichstellungsbeauftragte@stadt.bamberg.de)

## **Co-ordinating Office for Advisory Committees and Official Representatives**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 14 44 or 87 14 40  
[www.bamberg.de](http://www.bamberg.de)  
[koordinierungsstelle@stadt.bamberg.de](mailto:koordinierungsstelle@stadt.bamberg.de)

## **Mayor - Citizens' Consultation Hours**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 01 or 87 10 02  
[www.bamberg.de](http://www.bamberg.de)  
[oberbuergemeister@stadt.bamberg.de](mailto:oberbuergemeister@stadt.bamberg.de)

## **Regulatory Authorities for Public Order - Department for Transport**

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Moosstraße 65  
96050 Bamberg  
Tel. 09 51 / 9 18 25 10  
[www.bamberg.de](http://www.bamberg.de)  
[kornelia.towstoles@stadt.bamberg.de](mailto:kornelia.towstoles@stadt.bamberg.de)

## **Official Responsible for Senior Citizens**

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Geyerswörthstraße 3  
(Annexe Rathaus Geyerswörth)  
96047 Bamberg  
Tel. 09 51 / 87 15 14  
[www.bamberg.de](http://www.bamberg.de)  
[seniorenbeauftragter@stadt.bamberg.de](mailto:seniorenbeauftragter@stadt.bamberg.de)

## **Registry Office**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 11 73  
[www.bamberg.de](http://www.bamberg.de)  
[standesamt@stadt.bamberg.de](mailto:standesamt@stadt.bamberg.de)

## **Archive of the City of Bamberg**

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Untere Sandstraße 30 a  
96049 Bamberg  
Tel. 09 51 / 87 13 70  
[www.bamberg.de/stadtarchiv](http://www.bamberg.de/stadtarchiv)  
[stadtarchiv@stadt.bamberg.de](mailto:stadtarchiv@stadt.bamberg.de)

## **Office for the Environment**

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Mußstraße 28  
96047 Bamberg  
Tel. 09 51 / 87 17 02  
[www.bamberg.de](http://www.bamberg.de)  
[umwelt@stadt.bamberg.de](mailto:umwelt@stadt.bamberg.de)

## **Adult Education Centre, Bamberg**

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Tränkgasse 4  
96052 Bamberg  
Tel. 09 51 / 87 11 08  
[www.vhs-bamberg.de](http://www.vhs-bamberg.de)  
[info@vhs-bamberg.de](mailto:info@vhs-bamberg.de)

## **Department for Housing and Insurance of the City of Bamberg**

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Heinrichsdamm 1  
96047 Bamberg  
Tel. 09 51 / 87 11 88  
[www.bamberg.de](http://www.bamberg.de)  
[versicherungsamt@stadt.bamberg.de](mailto:versicherungsamt@stadt.bamberg.de)

The guide to the town hall, which is available in the information centre of the city of Bamberg, contains more information.

Further information can also be found under:

4 Information and Advice Centres

5 Help in Financial Matters

<b>2.2</b>	<b>Inductive Listening Facilities in the City Council Offices</b>
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Inductive listening facilities are a great help for those who are hard of hearing. Particularly in a loud environment, they enable every word to be heard without any distortion whatsoever.

The following institutions are already equipped with inductive equipment:

### **Office for Building Regulations and Building Advice**

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Untere Sandstraße 32 - 40  
96049 Bamberg  
Tel. 09 51 / 87 17 61  
[www.bamberg.de](http://www.bamberg.de)  
[bauberatung@stadt.bamberg.de](mailto:bauberatung@stadt.bamberg.de)

### **Representative for Disabled People**

---

Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 69  
[www.bamberg.de](http://www.bamberg.de)  
[nicole.orf@stadt.bamberg.de](mailto:nicole.orf@stadt.bamberg.de)

### **Residents' Registration Office – Cash Desk**

---

Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 12 77  
[www.bamberg.de](http://www.bamberg.de)



## **E.T.A. Hoffmann Theatre**

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E.T.A.-Hoffmann-Platz 1  
96047 Bamberg  
Tel. 09 51 / 87 30 30  
[www.bamberg.de](http://www.bamberg.de)

## **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

## **Mayor's Office**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 01 or 87 10 02  
[www.bamberg.de](http://www.bamberg.de)  
[oberbuergermeister@stadt.bamberg.de](mailto:oberbuergermeister@stadt.bamberg.de)

## **Regulatory Authorities for Public Order - Registration Department**

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Moosstraße 65  
96050 Bamberg  
Tel. 09 51 / 9 18 25 11  
[www.bamberg.de](http://www.bamberg.de)

## **Registry Office – Document Collection**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 11 73  
[www.bamberg.de](http://www.bamberg.de)  
[standesamt@stadt.bamberg.de](mailto:standesamt@stadt.bamberg.de)

## **Tourism and Congress Service**

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Geyerswörthstraße 3  
96047 Bamberg  
Tel. 09 51 / 2 97 62 00  
[www.bamberg.info](http://www.bamberg.info)  
[touristinfo@bamberg.info](mailto:touristinfo@bamberg.info)

## **Adult Education Centre, Bamberg**

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Tränkgasse 4  
96052 Bamberg  
Tel. 09 51 / 87 11 08  
[www.vhs-bamberg.de](http://www.vhs-bamberg.de)  
[info@vhs-bamberg.de](mailto:info@vhs-bamberg.de)

## Notes

# 3

# Represent- ation for Senior Citizens



<b>3.1</b>	<b>Study Group for Bamberg's Older Citizens</b>
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All citizens who wish to become involved in the state, the municipality or also in a society should actively participate there. Particularly in Bamberg, there exist many other additional ways to represent the opinions and interests of the older generation.

### **Study Group for Bamberg's Older Citizens (A.R.G.E.)**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 20 46 48

The study group for Bamberg's older citizens is politically and ideologically neutral. It has the following general goals:

- To have a say in and to collaborate in the planning, co-ordination and realisation of measures intended to improve the personal and social situation of the older generation in our city.

- To represent the interests of older citizens in public, in the advisory committee for senior citizens, as well as in relation to institutions, departments and associations that deal with the affairs of older citizens.
- To promote measures that mobilise and empower older people.

Any person who devotes themselves to older people and who wishes to promote the aims of the study group may become involved with it, regardless of whether they deal with the needs of the elderly in private, in organisations or in old peoples' homes.

Further information can also be found under:

- 3.2 Support Association
- 3.3 Advisory Committee / Subcommittee
- 5.8 Senior Citizens' Office for Helpers in Times of Need

## **3.2 Support Association**

The association has made it its task to stimulate and support self-help measures that mobilise and empower Bamberg's older citizens and which serve their further development. It does this on the basis of equal representation.

The association is altruistic. It promotes the material support of the study group for Bamberg's older citizens, thereby serving Bamberg's elderly and their interests.

Through your membership of the support association, you too will be able to contribute to supporting the fundamental activities of the study group for Bamberg's older citizens.

### **Support Association for Senior Citizens, Bamberg**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 20 46 48

Further information can also be found under:  
3.1 Study Group for Bamberg's Older Citizens



<b>3.3</b>	<b>Advisory Committee / Subcommittee</b>
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The advisory committee for senior citizens offers diverse opportunities to exert influence on the functional implementation of the interests of the older generation.

The city of Bamberg's advisory committee for senior citizens is a pre-consultative body according to article 32, paragraph 1 of the state law governing local authorities (GO).

It advises the city council, its boards and the municipal authority in the fundamental affairs of older citizens.

It receives proposals and complaints. Participation in it is voluntary.

The mayor of Bamberg holds the post of chairman.

The following people belong to the advisory committee for senior citizens:

- The mayor of Bamberg as its chairman,
- The chairperson of the study group for Bamberg's older citizens as the constant acting chairman, represented by his deputy,
- A member of each faction within Bamberg city council,
- The social adviser of the city of Bamberg,
- The municipal official responsible for senior citizens,

- The leader of the state public health department,
- A representative from each of the local chapters of the free social welfare organisations in the city of Bamberg,
- A representative of the social welfare association VdK, Bamberg chapter,
- Twelve citizens of the city of Bamberg who have reached the age of sixty and who are eligible to stand for election according to the law which regulates local government elections.

A sub-committee exists concurrently to the committee for senior citizens. This prepares the latter's sessions and draws up suggestions for it. It also deals independently with matters of lesser importance, which do not entail considerable financial repercussions.

The sub-committee consists of:

- The chairman of the study group for Bamberg's older citizens, who likewise chairs the sub-committee,
- Five members, who are elected by the advisory committee for senior citizens for the duration of their term in office from the twelve members thereof
- And the official responsible for senior citizens.

The sub-committee meets if and when the need arises. It makes its decisions on the basis of the majority and has the right to summon the advisory committee for senior citizens at any time. The sub-committee does not meet publicly.

## **Offices of the Advisory Committee for Senior Citizens**

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Geyerswörthstraße 3  
(Annexe Rathaus Geyerswörth)  
96047 Bamberg  
Tel. 09 51 / 87 15 14  
[www.bamberg.de](http://www.bamberg.de)  
[seniorenbeauftragter@stadt.bamberg.de](mailto:seniorenbeauftragter@stadt.bamberg.de)

Further information can also be found under:  
3.1 Study Group for Bamberg's Older Citizens  
3.4 Senior Citizens in Political Factions

<b>3.4</b>	<b>Senior Citizens in Political Factions</b>
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One in five of the approximately 70,000 inhabitants of Bamberg is already over 65 years old. This is reason enough to work within the framework of a political faction in order to throw one's weight behind the interests of our older citizens.

### **Bamberg Citizens' Bloc (BBB)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 3 09 46 11  
[www.bbb.bnv-bamberg.de](http://www.bbb.bnv-bamberg.de)  
[bbb@bnv-bamberg.de](mailto:bbb@bnv-bamberg.de)

### **Bamberg Realists (BR)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 2 99 98 56  
[www.kompetenz-statt-partei.de](http://www.kompetenz-statt-partei.de)

### **Alliance 90 / Green Party / Alternative List (GAL)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 2 37 77  
[www.gal.bamberg.de](http://www.gal.bamberg.de)  
[post@gal.bamberg.de](mailto:post@gal.bamberg.de)

## **Christian Social Union in Bavaria (CSU)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 20 33 11  
[www.csu-bamberg.de](http://www.csu-bamberg.de)  
[csu@bnv-bamberg.de](mailto:csu@bnv-bamberg.de)

## **The Left, Regional Chapter Bamberg/Forchheim**

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Seeleite 3 a  
96135 Stegaurach-Hartlanden  
Tel. 0 15 22 / 6 21 77 64  
[www.die-linke-bafo.de](http://www.die-linke-bafo.de)  
[kontakt@die-linke-bafo.de](mailto:kontakt@die-linke-bafo.de)

## **The Republicans (REP)**

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Hans-Birkmayr-Straße 54  
96050 Bamberg  
Tel. 09 51 / 1 21 31

## **Free Democratic Party (FDP)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 2 99 98 56  
[www.fdp-bamberg.de](http://www.fdp-bamberg.de)  
[info@fdp-bamberg.de](mailto:info@fdp-bamberg.de)

## **Free Voters (FW)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 20 33 70  
[www.fw-bamberg.de](http://www.fw-bamberg.de)  
[fw-bamberg@web.de](mailto:fw-bamberg@web.de)

## **Ecological Democratic Party (ÖDP), Bamberg Chapter**

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Dreikönigstraße 22  
96199 Zapfendorf  
Tel. 0 95 47 / 87 02 68  
[www.oedp-bamberg.de](http://www.oedp-bamberg.de)  
[info@oedp-bamberg.de](mailto:info@oedp-bamberg.de)

## **German Social Democratic Party (SPD)**

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Grüner Markt 7  
96047 Bamberg  
Tel. 09 51 / 2 89 85  
[www.spd-bamberg.de](http://www.spd-bamberg.de)  
[fraktion@spd-bamberg.de](mailto:fraktion@spd-bamberg.de)

## **German Social Democratic Party (SPD) - Study Group for Senior Citizens, SPD 60 Plus**

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Aufbaustraße 3  
96049 Bamberg  
Tel. 09 51 / 6 37 17

Further information can also be found under: 3.3 Advisory Committee / Sub-Committee 3.5 Senior Citizens in Trade Unions
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### **3.5 Senior Citizens in Trade Unions**

Even those who no longer work can still become involved in the trade union movement. This helps to preserve the connection to one's profession as well as to one's former colleagues. Furthermore, as a senior citizen, one's own experience of life frequently proves useful in current questions of trade union policy.

#### **Transnet-GdED**

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Ludwigstraße 8  
96052 Bamberg  
Tel. 09 51 / 3 59 76

#### **ver.di, Trade Union Club for Senior Citizens**

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Lange Straße 46  
96047 Bamberg  
Tel. 09 51 / 1 33 74 33

Further information can also be found under:  
**3.4 Senior Citizens in Political Factions**

## Notes



## Notes

# 4

# Information and Advice Centres



**4.1****Legal Advice / Help with Legal Costs**

Like others, senior citizens must also deal with legal problems occasionally. It is the prime duty of lawyers to give information and advice in legal matters. Such services, however, do not come free of charge. In certain circumstances, such as in the case of individuals with a low income or few savings, it is nevertheless possible to receive legal advice for a reasonable price. The district court of Bamberg will gladly provide you with further information on this subject.

Help with legal costs is intended to grant you the opportunity to seek justice in a court of law and to provide you with defence. Further information in relation to the legal prerequisites for claiming aid with case costs can likewise be obtained from the district court.

**District Court of Bamberg  
- Legal Application Office**

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Synagogenplatz 1

96047 Bamberg

Tel. 09 51 / 8 33 20 17

[www.justiz.bayern.de/gericht/ag/ba/](http://www.justiz.bayern.de/gericht/ag/ba/)

[poststelle@ag-ba.bayern.de](mailto:poststelle@ag-ba.bayern.de)

**District Court of Bamberg  
- Court Dealing with Matters of Guardianship**

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Synagogenplatz 1  
96047 Bamberg  
Tel. 09 51 / 8 33 21 05  
[www.justiz.bayern.de/gericht/ag/ba/](http://www.justiz.bayern.de/gericht/ag/ba/)  
[poststelle@ag-ba.bayern.de](mailto:poststelle@ag-ba.bayern.de)

**Social Welfare Court, Bayreuth**

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Ludwig-Thoma-Straße 7  
95447 Bayreuth  
Tel. 09 21 / 59 30  
[www.lsg.bayern.de/gerichte/bayreuth/](http://www.lsg.bayern.de/gerichte/bayreuth/)  
[poststelle@sg-bt.bayern.de](mailto:poststelle@sg-bt.bayern.de)

**Social Welfare Association VdK**

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Mußstraße 28  
96047 Bamberg  
Tel. 09 51 / 51 93 50  
[www.vdk-bamberg.de](http://www.vdk-bamberg.de)  
[kv-bamberg@vdk.de](mailto:kv-bamberg@vdk.de)

## **4.2 Legal Supervision**

A minder, supervisor or nurse may be provided by the district court responsible for matters of guardianship for adults (over 18) who are unable to deal with their own affairs either in part or in full due to mental illness or a physical or psychological handicap. Such assistance is set up for certain fields of activity, for example for health care or for the decision as to one's place of residence, as well as for matters relating to finances, pensions or dwellings.

The minder constitutes an important source of help for the person affected on the basis of legal representation.

Alongside an illness or a handicap, the prerequisite for the establishment of this supervision is its necessity. That is to say that things must have reached a stage at which the person affected is no longer able to order their own affairs and at which no sufficient alternative help is available – for instance, an authorised representative, members of the family, the emergency services and so on.

In contrast to the old law dealing with guardianship, the establishment of supervision does not entail automatic incapacitation (the deprivation of the right of decision).

The care office of the city of Bamberg supports the court that deals with matters of guardianship through expert information and statements.

Supervision may be proposed or applied for via the court that deals with matters of guardianship and the care office respectively.

Every citizen could arrive at a position whereby age or illness might prevent them from making their own decisions, irrespective of their background. It is possible to make provisions for this possibility by transferring representation in either individual matters or in all personal and financial-legal affairs to a trusted person like a spouse, son, daughter or someone similar. This is achieved by granting that person **preventative power of attorney**. The authorised representative is then empowered to act without the need for the court to instigate care or supervision. Preventative power of attorney may be certified by the care office for a fee of 10.00 Euros.

A **supervision decree** allows one to determine who should be the minder or supervisor and who should not. It also permits one to stipulate how the supervision should be conducted in terms of content.

Should you have questions regarding an application for legal supervision, its legal prerequisites, the process of supervision, preventative power of attorney or a supervision decree (please see also: 9.1 Living Wills), you can approach the following contacts. Lawyers and notaries will also be happy to advise you for the appropriate fee.

### **Care Office of the City of Bamberg**

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Obere Brücke 1  
96047 Bamberg  
Tel. 09 51 / 87 15 52  
[www.bamberg.de](http://www.bamberg.de)  
[leonhard.weingaertner@stadt.bamberg.de](mailto:leonhard.weingaertner@stadt.bamberg.de)

### **Care Society of the Workers' Welfare Association, Bamberg**

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Kirschäckerstraße 4  
96052 Bamberg  
Tel. 09 51 / 9 44 60 10  
[www.betreuungsverein-awo-bamberg.de](http://www.betreuungsverein-awo-bamberg.de)  
[BA@btv-awo.de](mailto:BA@btv-awo.de)

### **Care Society, Social Services Association of Catholic Women**

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Schwarzenbergstraße 8  
96050 Bamberg  
Tel. 09 51 / 8 68 50  
[www.skf-bamberg.de](http://www.skf-bamberg.de)  
[geschaeftsstelle@skf-bamberg.de](mailto:geschaeftsstelle@skf-bamberg.de)



## **Welfare and Social Work of the Protestant Church, Bamberg-Forchheim, Care Association**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 37  
[www.dwbf.de](http://www.dwbf.de)  
[n.kriegsmann@dwbf.de](mailto:n.kriegsmann@dwbf.de)

## **Society for Professional Social Work**

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Hainstraße 10  
96047 Bamberg  
Tel. 09 51 / 20 12 56  
[www.professionelle-sozialarbeit.de](http://www.professionelle-sozialarbeit.de)  
[prof.sozialarbeit.e.v.@t-online.de](mailto:prof.sozialarbeit.e.v.@t-online.de)

Further information can also be found under: 9.1 Living Wills
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## **4.3 Advice in Particular Situations / Self-Help Office**

Everyone has to cope with difficulties and crises in their life. In such situations it often proves difficult to assess one's own situation objectively and to make a decision accordingly. Moreover, old people frequently no longer have a suitable person to whom they can turn for advice. It can therefore make sense to obtain outside help or to get in touch with other people who are similarly affected. Advice centres and self-help groups can be of aid in acutely problematic situations. They attempt to make life easier for those who seek their counsel.

### **Bamberg Alzheimer's Society**

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PO Box 10 63  
96001 Bamberg  
Tel. 09 51 / 8 68 01 69  
[www.alzheimer-bamberg.de](http://www.alzheimer-bamberg.de)  
[info@alzheimer-bamberg.de](mailto:info@alzheimer-bamberg.de)

### **German Pension Scheme Advice Office - formerly LVA/BfA**

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Promenadestraße 1 a  
96047 Bamberg  
Tel. 08 00 / 1 00 04 80 18 (free) or  
Tel. 09 51 / 98 20 80  
[www.deutsche-rentenversicherung-nordbayern.de](http://www.deutsche-rentenversicherung-nordbayern.de)  
[abs-bamberg@drv-nordbayern.de](mailto:abs-bamberg@drv-nordbayern.de)

## **Welfare and Social Work of the Protestant Church, Bamberg-Forchheim, Care Association**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 00  
[www.dwbf.de](http://www.dwbf.de)  
[info@dwbf.de](mailto:info@dwbf.de)

## **DGB Legal Protection Ltd.**

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Friedrichstraße 13  
96047 Bamberg  
Tel. 09 51 / 29 75 60  
[www.dgbrechtsschutz.de](http://www.dgbrechtsschutz.de)  
[bamberg@dgbrechtsschutz.de](mailto:bamberg@dgbrechtsschutz.de)

## **Women's Refuge**

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Schwarzenbergstraße 8  
96050 Bamberg  
Tel. 09 51 / 5 82 80  
[www.skf-bamberg.de](http://www.skf-bamberg.de)  
[frauenhaus@skf-bamberg.de](mailto:frauenhaus@skf-bamberg.de)

## **Welfare Office for War Victims**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 04  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

## **Emergency Number for Raped and Sexually Abused Women and Children**

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Schwarzenbergstraße 8  
96050 Bamberg  
Tel. 09 51 / 86 85 18  
[www.skf-bamberg.de](http://www.skf-bamberg.de)  
[notruf@skf-bamberg.de](mailto:notruf@skf-bamberg.de)

## **OASIS Advice and Encounters**

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Luitpoldstraße 28  
96052 Bamberg  
Tel. 09 51 / 98 21 00  
[www.skf-bamberg.de](http://www.skf-bamberg.de)  
[oase.spdi@skf-bamberg.de](mailto:oase.spdi@skf-bamberg.de)

## **Psycho-Social Advice Office for Addicts**

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Geyerswörthstraße 2  
96047 Bamberg  
Tel. 09 51 / 2 99 57 40  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[psb@caritas-bamberg.de](mailto:psb@caritas-bamberg.de)

## **Municipal Official Responsible for Senior Citizens**

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Geyerswörthstraße 3  
(Annexe Rathaus Geyerswörth)  
96047 Bamberg  
Tel. 09 51 / 87 15 14  
[www.bamberg.de](http://www.bamberg.de)  
[seniorenbeauftragter@stadt.bamberg.de](mailto:seniorenbeauftragter@stadt.bamberg.de)

## **Social Advice Service for People with Hearing Difficulties**

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Schwarzenbergstraße 8  
96050 Bamberg  
Tel. 09 51 / 86 85 13  
Fax 09 51 / 86 85 41  
[www.skf-bamberg.de](http://www.skf-bamberg.de)  
[hoergeschaedigte@skf-bamberg.de](mailto:hoergeschaedigte@skf-bamberg.de)

## **Social Services Association of Catholic Women (SkF)**

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Schwarzenbergstraße 8  
96050 Bamberg  
Tel. 09 51 / 8 68 50  
[www.skf-bamberg.de](http://www.skf-bamberg.de)

## **Social Advice Office**

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Geyerswörthstraße 2  
96047 Bamberg  
Tel. 09 51 / 2 99 57 20

## **BSW Foundation**

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Ludwigstraße 8  
96052 Bamberg  
Tel. 09 51 / 2 09 98 36  
[www.bsw24.de](http://www.bsw24.de)

## **Technical Specialist Counselling Office of the Criminal Investigation Department, Bamberg**

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Schildstraße 81

96050 Bamberg

Tel. 09 51 / 9 12 94 08 or 9 12 94 30

[www.polizei-bamberg.de](http://www.polizei-bamberg.de)

[4180@baypol.bayern.de](mailto:4180@baypol.bayern.de)

## **Pastoral Care Line, Bamberg**

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PO Box 27 47

96018 Bamberg

Tel. 09 51 / 2 82 10

[www.telefonseelsorge-bamberg.de](http://www.telefonseelsorge-bamberg.de)

[telefonseelsorge@erzbistum-bamberg.de](mailto:telefonseelsorge@erzbistum-bamberg.de)

## **Bavarian Consumers' Office**

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Theatergassen 4

96047 Bamberg

Tel. 09 51 / 2 82 00

[www.verbraucherzentrale-bayern.de](http://www.verbraucherzentrale-bayern.de)

[bamberg@vzbayern.de](mailto:bamberg@vzbayern.de)

There are a multitude of self-help groups in Bamberg and its vicinity. An up-to-date list of the self-help groups currently extant can be found in the brochure *Self-Help Office: Contact and Information Office for Self-Help-Groups and Interested Parties*. This may be obtained from the

## **Self-Help Office**

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Theatergassen 7  
96047 Bamberg  
Tel. 09 51 / 91 70 09 40  
[www.selbsthilfebuero.de](http://www.selbsthilfebuero.de)  
[beratungsstelle@awo-bamberg.de](mailto:beratungsstelle@awo-bamberg.de)

Amongst other examples, the booklet lists the following societies:

- Relatives of Dementia Sufferers
- ARGE – Task Force of Self-Help Groups for Disabled and Chronically Ill People in Bamberg
- Bavarian Association for the Blind and Partially Sighted
- Meetings as Therapy – Self-Help Group for Breast Cancer Patients
- Limb and Vein Illnesses
- Sufferers of Prostate Cancer and their Relatives
- German ILCO, Regional Group, Bamberg
- German Parkinson's Union
- German Rheumatism League, Bavarian Chapter, Study Group for Bamberg

- German Union for Bechterew's Disease, Therapy Group, Bamberg
- German Diabetics' Society
- Local Chapter for the Deaf, Bamberg
- Community for Tinnitus Sufferers
- Syndicate for Dialysis Patients and Kidney Transplantees in Bamberg
- Self-Help for the Physically Disabled in Bamberg and the Surrounding Area
- Self-Help Group for Stroke Victims, City and District of Bamberg
- Self-Help Group for Cancer After-Care
- Self-Help Group for Live Transplantees
- Self-Help Group for Neurodermatitis and Allergies
- Self-Help Group for Scoliosis, Upper Franconia

In more detail, the self-help office has the following duties:

- To inform and advise on the achievements of self-help
- To offer support when approaching existing groups
- To accompany the foundation of new self-help groups
- To help to clarify goals and approaches through advisory conversations
- To inform on means of financial support
- To offer support when there are problems within the group
- To locate and provide rooms
- To offer support in the staging of events



- To provide advisers and experts
- To co-ordinate exchanges between self-help groups
- To offer support in public relations work
- To promote co-operation between self-help groups and specialists
- To draw attention to the professional range of care available in the city and its surrounding district

Further information can also be found under:

4.4 Disadvantage Compensation / Disabilities

5 Help in Financial Matters

8.6 Transport Possibilities for Disabled People

<b>4.4</b>	<b>Disadvantage Compensation / Disabilities</b>
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People who have been certified by a doctor as having a degree of disability (GdB) of at least 50% as a result of disruptions to their health count as severely disabled. The severely disabled person's pass is a prerequisite for taking advantage of rights and disadvantage compensation in accordance with the law for severely disabled people and other regulations. The pass contains a declaration regarding the appraisal of the degree of disability (GdB) alongside further markers.

Disabled parking spaces and additional parking benefits may only be taken up by severely disabled people with exceptional walking difficulties, by blind people (marker "Bl"), as well as by those on an equal footing who possess the relevant blue parking pass. The pass is valid throughout the EU and is displayed at the request of the regulatory authorities for public order – department for transport of the city of Bamberg.

The range of people entitled to use the pass has been expanded in Bavaria on a trial basis.

The Bavarian state ministry for work and social order, families and women has fixed criteria for this. These criteria also encompass those who are severely disabled and do not fulfil the prerequisites for the marker "aG", but who have a disability of near equal seriousness.

The regulatory authorities for public order – department for transport can provide information about this exceptional ruling.

Precisely in the lives of older people, radio, television and telephones are of great significance. Licence fees are levied on these appliances. In certain circumstances, it may be possible to obtain an **exemption from radio and television charges**. This entitles one to take advantage of Deutsche Telekom's social tariff. Its prerequisite is either a very low income or a severely disabled person's pass with the marker "RF". The office for social affairs of the city of Bamberg offers assistance in this matter.

You can also obtain further information in the *Guide for Disabled People*, which is available from the municipal official responsible for disabled people.

## **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 19  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

## **Task Force of Self-Help Groups for Disabled and Chronically Ill People in Bamberg**

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Birkengraben 25  
96052 Bamberg  
Tel. 09 51 / 3 90 05  
[www.arge-bamberg.de](http://www.arge-bamberg.de)  
[mail@arge-bamberg.de](mailto:mail@arge-bamberg.de)

## **Municipal Official Responsible for Disabled People**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 69  
[www.bamberg.de](http://www.bamberg.de)  
[nicole.orf@stadt.bamberg.de](mailto:nicole.orf@stadt.bamberg.de)  
A guide for disabled people is available there.

## **Regulatory Authorities for Public Order – Department for Transport**

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Moosstraße 65  
96050 Bamberg  
Tel. 09 51 / 9 18 25 10  
[www.bamberg.de](http://www.bamberg.de)  
[kornelia.towstoles@stadt.bamberg.de](mailto:kornelia.towstoles@stadt.bamberg.de)

## **Sport Society for the Rehabilitation of Disabled People, Bamberg**

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Kantstraße 32  
96052 Bamberg  
Tel. 09 51 / 3 61 82

## **Social Welfare Association VdK**

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Mußstraße 28  
96047 Bamberg  
Tel. 09 51 / 51 93 50  
[www.vdk-bamberg.de](http://www.vdk-bamberg.de)  
[kv-bamberg@vdk.de](mailto:kv-bamberg@vdk.de)

## **Bavarian Centre for Family and Social Welfare (ZBFS) - formerly Office for Family Support (AVF)**

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Hegelstraße 2  
95447 Bayreuth  
Tel. 09 21 / 6 05 03  
[www.zbfs.bayern.de](http://www.zbfs.bayern.de)  
[poststelle.ofr@zbfs.bayern.de](mailto:poststelle.ofr@zbfs.bayern.de)

Further information can also be found under:

- 4.3 Advice in Particular Situations / Self-Help Office
- 5 Help in Financial Matters
- 7.1 Adapting Your Living Space
- 8.6 Transport Possibilities for Disabled People

## **4.5 Welfare Associations**

Information about the institutions and outreach services provided by the various welfare associations and the organisations affiliated with them may be obtained directly from the authorities listed below.

### **Workers' Welfare Association, Local Chapter for Town and Country, Bamberg**

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Hauptsmoorstraße 26 a  
96052 Bamberg  
Tel. 09 51 / 4 07 40  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[info@awo-bamberg.de](mailto:info@awo-bamberg.de)

### **Bavarian Red Cross, Bamberg Chapter**

---

Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 98 18 90  
[www.brk-bamberg.de](http://www.brk-bamberg.de)  
[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

### **Caritas, Bamberg**

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Geyerswörthstraße 2  
96047 Bamberg  
Tel. 09 51 / 2 99 57 10  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[info@caritas-bamberg.de](mailto:info@caritas-bamberg.de)

## **Welfare and Social Work of the Protestant Church, Bamberg-Forchheim**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 00  
[www.dwbf.de](http://www.dwbf.de)  
[info@dwbf.de](mailto:info@dwbf.de)

## **St. John's Ambulance Regional Chapter for Upper Franconia, Neustadt on the Aisch**

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Gutenbergstraße 2 a  
96040 Bamberg  
Tel. 09 51 / 2 08 53 30  
[www.johanniter.de](http://www.johanniter.de)  
[bamberg@juh-bayern.de](mailto:bamberg@juh-bayern.de)

## **Volunteers of the Order of Malta - Head Office**

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Georgenstraße 7  
96052 Bamberg  
Tel. 09 51 / 91 22 00  
[www.malteser-bamberg.de](http://www.malteser-bamberg.de)

Further information can also be found under:
4 Information and Advice Centres
5 Help in Financial Matters
7 Matters of Dwelling for Senior Citizens
8 Help with Care Requirements

## **4.6 Advice for Tenants**

A suitable dwelling plus a good relationship with landlords and fellow occupants is of decisive importance for older people.

As such, the repercussions can frequently prove all the more serious when an argument arises from the interpretation of the tenancy agreement, or when – in the worst case scenario – one is served notice to quit. It is therefore always advantageous to be aware of a good advice centre.

Alongside the tenants' association and the housing department, the homepage of the German tenants' society ([www.mieterbund.de](http://www.mieterbund.de)) also offers comprehensive information. Moreover, you can find the latest judgements relating to the law of landlord and tenant under the address [www.mieturteile.de](http://www.mieturteile.de). The same resource boasts further advice regarding specialist literature and a list of contacts in close proximity to your place of residence.

### **Tenants' Association, Bamberg**

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Friedrichstraße 7

96047 Bamberg

Tel. 09 51 / 20 25 55

[www.mieterverein-bamberg.de](http://www.mieterverein-bamberg.de)

[mieterverein@mieterverein-bamberg.de](mailto:mieterverein@mieterverein-bamberg.de)



## **Department for Housing and Insurance of the City of Bamberg**

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Heinrichsdamm 1

96047 Bamberg

Tel. 09 51 / 87 11 93

[www.bamberg.de](http://www.bamberg.de)

[versicherungsamt@stadt.bamberg.de](mailto:versicherungsamt@stadt.bamberg.de)

Further information can also be found under:

4.1 Legal Advice / Help with Legal Costs

4.7 Advice for Landlords

## **4.7 Advice for Landlords**

Letting out dwellings can become a labour-intensive investment if one is not sufficiently acquainted with the applicable laws. Nonetheless, those who would rather not study legal texts can still turn to a competent source of advice at any time.

In addition, extensive information is available in the internet under [www.vermieter-ratgeber.de](http://www.vermieter-ratgeber.de).

### **House and Land, Bamberg**

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Kleberstraße 24 c  
96047 Bamberg  
Tel. 09 51 / 2 61 12  
[www.haus-und-grund-bayern.de/vereine/bamberg/hug-bamberg@t-online.de](http://www.haus-und-grund-bayern.de/vereine/bamberg/hug-bamberg@t-online.de)

### **Department for Housing and Insurance of the City of Bamberg**

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Heinrichsdamm 1  
96047 Bamberg  
Tel. 09 51 / 87 11 93  
[www.bamberg.de](http://www.bamberg.de)  
[versicherungsamt@stadt.bamberg.de](mailto:versicherungsamt@stadt.bamberg.de)

Further information can also be found under:  
4.1 Legal Advice / Help with Legal Costs  
4.6 Advice for Tenants

<b>4.8</b>	<b>Department for Institutions for Those Requiring Care and the Disabled: Quality Development and Supervision (FQA), formerly Home Help</b>
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Homes for the elderly (residential institutions as well as those for short-term care, day-care and night-care) and homes for the disabled alike are subject to the law for homes and are thus answerable to the department for institutions for those requiring care and the disabled: quality development and supervision (FQA), formerly home help.

The primary purpose of the law for homes – and consequently the prime task of the department – is to safeguard the dignity and interests of the inhabitants of homes against restrictions or diminutions. To this end, for example, regular checks are carried out on the individual homes.

The department for institutions for those requiring care and the disabled: quality development and supervision (FQA), formerly home help informs and advises the inhabitants of homes and their relatives in matters that relate to residence and life in a home. In particular, this department is also the first point of contact for all problems and complaints concerning homes.

## **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 0951 / 87 15 25  
Fax 0951 / 87 15 23  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

## **Chief Administrative District Office of the City of Bamberg – Department of Health**

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Ludwigstraße 25  
96052 Bamberg  
Tel. 09 51 / 8 56 51  
[www.landkreis-bamberg.de](http://www.landkreis-bamberg.de)  
[gesundheitsamt@lra-ba.bayern.de](mailto:gesundheitsamt@lra-ba.bayern.de)

Further information can also be found under:

- 8.10 Short-Term Care
- 8.11 Day Care / Night Care / Daily Supervision
- 8.12 Residential Institutions / Homes for the Elderly / Care Homes
- 8.13 Sheltered Accommodation

## **4.9 Honorary Office, Mediation**

“It’s nice to be needed”.

Following the end of their professional life and the reduction in family duties, many people seek a new sphere of activity. Older people have a great deal of knowledge and experiences at their disposal, which can prove extremely valuable to others. Voluntary involvement not only helps others. It is also enjoyable and gives something back to oneself. There are many possibilities to make a contribution – in one’s neighbourhood, in one’s parish or congregation, in societies and associations, or, for instance, in the following:

### **Caritas Information Centre (CariThek)**

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Obere Königstraße 4 a  
96052 Bamberg  
Tel. 09 51 / 8 60 41 40  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[carithek@caritas-bamberg.de](mailto:carithek@caritas-bamberg.de)

### **Welfare and Social Work of the Protestant Church, Bamberg-Forchheim**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 00  
[www.dwbf.de](http://www.dwbf.de)  
[info@dwbf.de](mailto:info@dwbf.de)

**German Society for the Protection of Children,  
Bamberg Chapter  
“Leihomas and Leihopas Wanted”**

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Lange Straße 36  
96047 Bamberg  
Tel. 09 51 / 2 81 92  
[www.kinderschutzbund-bamberg.de](http://www.kinderschutzbund-bamberg.de)  
[dksb@kinderschutzbund-bamberg.de](mailto:dksb@kinderschutzbund-bamberg.de)

**Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

**Co-ordinating Office for Advisory Committees  
and Official Representatives**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 14 44 and 87 14 40  
[www.bamberg.de](http://www.bamberg.de)  
[koordinierungsstelle@stadt.bamberg.de](mailto:koordinierungsstelle@stadt.bamberg.de)

**Municipal Official Responsible for Senior  
Citizens**

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Geyerswörthstraße 3  
(Annexe Rathaus Geyerswörth)  
96047 Bamberg  
Tel. 09 51 / 87 15 14  
[www.bamberg.de](http://www.bamberg.de)  
[seniorenbeauftragter@stadt.bamberg.de](mailto:seniorenbeauftragter@stadt.bamberg.de)

Further information can also be found under:

4.5 Welfare Associations

5.8 Senior Citizens' Office for Helpers in Times of Need

8.3 Voluntary Visiting and Aid Services

## Notes



## Notes

# 5

# Help in Financial Matters



## **5.1 Advice for Debtors**

Advice for debtors can help you to gain a better overview of your financial situation and to find ways out of debt. You can receive comprehensive advice and practical aid to help solve your financial problems from the following places:

### **Debt Counselling for Upper Franconia (SBOF)**

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Lichtenhaidestraße 15  
96052 Bamberg  
Tel. 09 51 / 9 68 20 29  
[www.sbof.de](http://www.sbof.de)  
[info@sbof.de](mailto:info@sbof.de)

### **Advice Centre for Debt and Insolvency**

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Geyerswörthstraße 2  
96047 Bamberg  
Tel. 09 51 / 2 99 57 26 or 2 99 57 27  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[info@caritas-bamberg.de](mailto:info@caritas-bamberg.de)

<b>5.2</b>	<b>Pension Schemes and Accident Insurance</b>
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Having a pension as provision for one's old age is of the utmost importance for every citizen nowadays. Questions often arise in this sphere, and these are best answered by experts. Reliable advice about pension related problems can be obtained from the following bodies:

**German Pension Scheme Advice Office  
- formerly LVA/BfA**

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Promenadestraße 1 a  
96047 Bamberg  
Tel. 09 51 / 98 20 80  
[www.deutsche-rentenversicherung-nordbayern.de](http://www.deutsche-rentenversicherung-nordbayern.de)  
[abs-bamberg@drv-nordbayern.de](mailto:abs-bamberg@drv-nordbayern.de)

**Department for Housing and Insurance of the  
City of Bamberg**

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Heinrichsdamm 1  
96047 Bamberg  
Tel. 09 51 / 87 11 88  
[www.bamberg.de](http://www.bamberg.de)  
[versicherungsamt@stadt.bamberg.de](mailto:versicherungsamt@stadt.bamberg.de)

<b>5.3</b>	<b>Benefits within Long-Term Care Insurance</b>
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Since 1 January 1995 domestic care may be granted within the context of long-term care insurance. Applications for benefits within the framework of long-term care insurance should be submitted to one's own health insurance company (i.e.: care insurance office). Should one be without a health insurance scheme, responsibility falls to the office for social affairs. People who require help with their daily routine for at least six months due to illness or disability have a valid claim to the benefits offered by long-term care insurance.

The benefits offered include:

An allowance for nursing care, domestic care benefits, the provision of a stand-in carer, nursing supplies, day and night care, short-term care, residential care, social protection for the carer, nursing courses for the carer, additional benefits in the case of considerable general care requirements, resources for adapting one's living space (i.e.: a conversion to cater for the needs of the disabled person) and benefits in the form of a personal budget (please see the subsequent table).

The extent of most benefits is decided on the basis of the level of care that the person in need of attention requires.

This categorisation occurs in an experts' report drawn up by the medical service of the health insurance company. Persons who require considerable care receive benefits at care level I. People who are severely in need of care receive care level II, whilst those most in need of care receive benefits at care level III.

The allowance for nursing care is intended for those persons who are cared for by relatives or acquaintances. Benefits in kind are granted when professional care services carry out the nursing. Care services of this type present their bills directly to the care insurance office.

Should a self-obtained carer become ill or go on holiday, the care insurance office undertakes to pay the costs for a **replacement carer**. The prerequisite for this is that the person requiring care must have already been looked after for at least twelve months.

**Semi-residential care**, for instance, day care, is possible when home care is not sufficient or in cases when the relatives concerned work during the day and are thus unable to take on the care during this period.

**Short-term residential care** may be necessary when the care requirements are increased – for example, following a stay in hospital – or when the carer is on holiday. There is no prerequisite akin to that required in the case of a stand-in carer here.

Should constant **residential care** in a care home be required, the person in need of care has to bear the costs of board and lodging themselves.

If their income or savings are insufficient to meet these costs, the office for social affairs has to cover them by providing additional benefits.

The following table lists a selection of benefits and their financial extent (correct as of 1 July 2008):

Type of benefit	Level I	Level II	Level III
Nursing allowance	215.00 € 225.00 €*	420.00 € 430.00 €*	675.00 € 685.00 €*
Care benefit in kind (in cases of hardship up to)	420.00 € 440.00 €*	980.00 € 1040.00 €*	1470.00 € 1510.00 €* 1918.00 €
Stand-in care (up to four weeks per year)			
via a relative	215.00 € 225.00 €*	420.00 € 430.00 €*	675.00 € 685.00 €*
via care services	1470.00 € 1510.00 €*	1470.00 € 1510.00 €*	1470.00 € 1510.00 €*
Day and night care in semi-residential institutions	420.00 € 440.00 €*	980.00 € 1040.00 €*	1470.00 € 1510.00 €*
Short-term care in fully residential institutions for up to four weeks per year	1470.00 € 1510.00 €*	1470.00 € 1510.00 €*	1470.00 € 1510.00 €*
Residential care in cases of hardship up to	1023.00 €	1279.00 €	1470.00 € 1510.00 €* 1750.00 € 1825.00 €*

\* Sums valid from 1 January 2010.



Further information can also be found under:

- 5.6 Applying for a Nursing Allowance
- 5.7 Financing the Costs of a Residential Home
- 8.1 Outpatients' Care Services and Welfare Centres
- 8.2 Mobile Social Aid Services
- 8.7 Care Assessment
- 8.8 Help in Case of Refusal of Applications for a Nursing Allowance
- 8.10 Short-Term Care
- 8.11 Day Care / Night Care / Daily Supervision
- 8.12 Residential Institutions / Homes for the Elderly / Care Homes
- 8.13 Sheltered Accommodation

## **5.4 Applying for a Basic Pension**

A basic pension is an independent social benefit that serves to safeguard the subsistence of older people (from 65 years old), as well as that of people between the ages of 18 and 64 with a long-term reduced capacity for work. The pension depends on the level of need in each individual case.

The basic pension's benefit payments regularly cover all fundamental requirements. In contrast to social welfare, the maintenance claims of children or parents are not taken into consideration unless their taxable income exceeds 100,000.00 Euros. In principle, however, voluntary maintenance payments are taken into account.

Should you have further questions about basic pensions, you can get in touch with the relevant office via telephone or in person.

### **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 12  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

<b>5.5</b>	<b>Applying for Housing Benefit (Assistance with Rent / Assistance with Costs)</b>
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The state housing benefit helps to lower the costs of your dwelling. Whether and to what extent you are entitled to housing benefit depends on the living conditions and income of your household. Amongst other things, the total income and the number of people in your household are decisive. So too are, at least in part, the price of your rent or your credit costs. These, though, are often only recognised up to a restricted amount.

Application forms for housing benefit are displayed on the brochure stands in front of the office for housing benefit.

### **Office for Housing Benefit**

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Heinrichsdamm 1  
96047 Bamberg  
Tel. 09 51 / 87 11 84  
[www.bamberg.de](http://www.bamberg.de)  
[wohnungsamt@stadt.bamberg.de](mailto:wohnungsamt@stadt.bamberg.de)

Further information can also be found under: 5.4 Applying for a Basic Pension
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## **5.6 Applying for a Nursing Allowance**

Information regarding applications for a nursing allowance is available from your health insurance company or care insurance office.

### **AOK – The Health Insurance Office**

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Pödeldorfer Straße 75  
96052 Bamberg  
Tel. 09 51 / 9 33 60  
[www.aok-bamberg.de](http://www.aok-bamberg.de)  
[ba-info@by.aok.de](mailto:ba-info@by.aok.de)

### **Barmer Private Health Insurance Company**

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Franz-Ludwig-Straße 7 a  
96047 Bamberg  
Tel. 01 85 00 / 36 62 50  
[www.barmer.de](http://www.barmer.de)  
[bamberg@barmer.de](mailto:bamberg@barmer.de)

### **Bavarian Civil Servants' Health Insurance Scheme**

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Luitpoldstraße 49  
96052 Bamberg  
Tel. 09 51 / 98 08 50

## **Bosch Company Sickness Insurance Scheme**

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Brückenstraße 1  
96047 Bamberg  
Tel. 09 51 / 2 08 56 11und  
Kirschäckerstraße 29  
96052 Bamberg  
Tel. 09 51 / 3 02 06 10  
[www.bosch-bkk.de](http://www.bosch-bkk.de)

## **German Salaried Employees' Health Insurance Scheme (DAK)**

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Fleischstraße 17  
96047 Bamberg  
Tel. 09 51 / 9 81 88 80  
[www.dak.de](http://www.dak.de)  
[service070600@dak.de](mailto:service070600@dak.de)

## **German Health Insurance (DKV)**

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Zinkenwörth 12  
96047 Bamberg  
Tel. 09 51 / 2 29 28 15  
and Troppauplatz 1 c  
96052 Bamberg  
Tel: 09 51 / 30 23 20  
[www.dkv.com](http://www.dkv.com)

## **Specialist Department for Caring Relatives**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 2 08 35 01  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[pflgeberatung@awo-bamberg.de](mailto:pflgeberatung@awo-bamberg.de)

## **Gmünder Private Health Insurance (GEK)**

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Luitpoldstraße 19  
96052 Bamberg  
Tel. 09 51 / 98 65 00  
[www.gek.de](http://www.gek.de)  
[bamberg@gek.de](mailto:bamberg@gek.de)

## **Signal Iduna Guild Health Insurance**

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Schützenstraße 12  
96047 Bamberg  
Tel. 09 51 / 30 20 77 0  
[www.signal-iduna-ikk.de](http://www.signal-iduna-ikk.de)  
[service@signal-iduna-ikk.de](mailto:service@signal-iduna-ikk.de)

## **Technicians' Health Insurance Scheme**

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Obstmarkt 5  
96047 Bamberg  
Tel. 09 51 / 9 80 32 55  
[www.tk-online.de](http://www.tk-online.de)  
[bamberg@tk-online.de](mailto:bamberg@tk-online.de)

If long-term care insurance brings no benefits in the form of a nursing allowance, these are granted via the office for social affairs. In contrast to the benefits provided by long-term care insurance, however, social welfare benefits are conditional on income and savings. As a result, financial need must be established alongside the necessity for care. All applications should be made to the office for social affairs of the city of Bamberg.

## Office for Social Affairs

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Geyerswörthstraße 1

96047 Bamberg

Tel. 09 51 / 87 14 98

[www.bamberg.de](http://www.bamberg.de)

[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

Further information can also be found under:

- 5.3 Benefits within Long-Term Care Insurance
- 5.4 Applying for a Basic Pension
- 8.1 Outpatients' Care Services and Welfare Centres
- 8.2 Mobile Social Aid Services
- 8.7 Care Assessment
- 8.8 Help in Case of Refusal of Applications for a Nursing Allowance
- 8.10 Short-Term Care
- 8.11 Day Care / Night Care / Daily Supervision
- 8.12 Residential Institutions / Homes for the Elderly / Care
- 8.13 Sheltered Accommodation

## **5.7 Financing the Costs of a Residential Home**

Should one's income or savings be insufficient to finance a stay in a residential home, it is possible to apply for the payment of unfunded residential costs from social welfare resources.

The responsible benefactor is currently the district of Upper Franconia. Applications can also be made on-site at the municipal office for social affairs. The city council then passes these on to the district of Upper Franconia.

### **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 25  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

Further information can also be found under:  
5.5 Applying for Housing Benefit  
5.6 Applying for a Nursing Allowance



<b>5.8</b>	<b>Senior Citizens' Office for Helpers in Times of Need</b>
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In the Federal Republic of Germany, as in many other countries, there are men and women who are well-informed and / or possess a great deal of knowledge. However, this knowledge is not always put to good use.

Some of these people would be grateful for the opportunity to help others through their knowledge, whether it be with or without financial compensation.

The project "*Nothelfer*" ("helpers in times of need") seeks to appeal to these people, in order that they can offer others specific help through their involvement.

Precisely older citizens find it difficult to cope with the demands of a modern, technologised existence in some aspects of their daily lives.

The causes of such distress can range from small manual jobs (like, for example, changing a washer) to writing letters or dealing with the authorities.

Need and demand constitute one side of the project, competent offers of help and services make up the other.

People wishing to offer their skills must be trained in their particular area of expertise (at the level of social education) and should have experience in dealing with older people. The expectations of those seeking help can differ greatly.

Similarly, helpers regard their offers of aid from varying perspectives.

It is furthermore imperative to ensure that the interpersonal contact between the two parties functions satisfactorily, regardless of the help that has been requested.

Should repeated meetings be required due to operational considerations, it may be appropriate to inquire as to whether both parties are able to interact with one another in a problem-free fashion.

A few examples of the way in which helpers in times of need describe themselves follow below:

First and foremost, we help senior citizens by

- Accompanying them to the doctor's, to the chemist, to the shops, on a stroll or on visits to the cemetery
- Carrying out minor repairs or offering "technical help" in the household
- Helping with written work, such as writing letters, making applications or filling in forms
- Caring for them, for example on a temporary basis in the event of illness

- Helping with light housework, for instance with putting things in cupboards or clearing them – other, related services are available on request –
- And much, much more. Simply ask!

We charge:

- A basic fee of 3.00 Euros for every successful appointment
- Pocket money of 3.00 Euros upon the commencement of each new hour of work
- And the cost of bus tickets.

### **Senior Citizens' Office for Helpers in Times of Need**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 20 46 48

Further information can also be found under: 3.1 Study Group for Bamberg's Older Citizens 4.5 Welfare Associations 4.9 Honorary Office, Mediation
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## **5.9 Help in the Household**

### **Bamberg Care Service**

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*Information:*

BBP On-Call Practice, Bamberg

Buger Straße 80

96049 Bamberg

Tel. 09 51 / 7 00 20 70

*or*

BTB Day Care, Bamberg

Buger Straße 101

96049 Bamberg

Tel. 09 51 / 2 97 91 97

*or*

from your family doctor

### **Service for Senior Citizens, Bamberg, Family Köstner**

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Lerchenweg 1

96050 Bamberg

Tel. 09 51 / 13 15 91

### **Caritas Welfare Centre, Central Bamberg**

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Schützenstraße 21

96047 Bamberg

Tel. 09 51 / 9 82 81 30

[www.caritas-bamberg.de](http://www.caritas-bamberg.de)

[sst.bamberg-mitte@caritas-bamberg.de](mailto:sst.bamberg-mitte@caritas-bamberg.de)

## **Caritas Welfare Centre, East Bamberg**

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Birkengraben 2  
96052 Bamberg  
Tel. 09 51 / 3 29 09  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[sst.bamberg-ost@caritas-bamberg.de](mailto:sst.bamberg-ost@caritas-bamberg.de)

## **FD, Circle for Family Services**

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Nebingerhof 14  
96052 Bamberg  
Tel. 09 51 / 9 67 97 21  
[www.familiendienstleistungen.de](http://www.familiendienstleistungen.de)

## **Invaluable Home Help, Head Office for Home Help**

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Nürnberger Straße 108 k  
96050 Bamberg  
Tel. 09 51 / 4 08 13 17  
[www.haushaltssperlen.de](http://www.haushaltssperlen.de)  
[info@haushaltssperlen.de](mailto:info@haushaltssperlen.de)

## **Domestic Service**

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Heiliggrabstraße 14  
96052 Bamberg  
Tel. 09 51 / 9 86 87 11  
[www.skf-bamberg.de](http://www.skf-bamberg.de)  
[hauswirtschaftsservice@skf-bamberg.de](mailto:hauswirtschaftsservice@skf-bamberg.de)

**Marina Schneider-Köpke**  
**MHD Domestic Services**

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Kammstraße 1  
96052 Bamberg  
Tel. 09 51 / 3 09 18 29  
MarinaSchneider-K@web.de

**Senior Citizens' Office for Helpers in Times of  
Need**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 20 46 48

**Welfare Centre of the Protestant Church,  
Bamberg**

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Memmelsdorfer Straße 128  
96052 Bamberg  
Tel. 09 51 / 95 51 10  
www.dwfb.de  
diakoniestation-bamberg@dwbf.de

## **5.10 Help When Moving**

### **Bamberg Services**

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Biegenhofstraße 9  
96103 Hallstadt  
Tel. 09 51 / 9 17 68 50  
[www.bamberger-dienste.de](http://www.bamberger-dienste.de)  
[bamberg@sozdi.de](mailto:bamberg@sozdi.de)

## **5.11 Help for the Needy**

### **Bamberg Round Table / Society of St. Vincent**

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Böttgerstraße 8                      Dieselstraße 11  
96050 Bamberg                      96052 Bamberg  
Tel. 09 51 / 6 15 07  
info@terrazzo-revelant.de

### **Josef's Little Shop**

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Josefstraße 25  
96052 Bamberg  
Tel. 09 51 / 2 08 06 98

### **Meeting Place for People in Need**

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Siechenstraße 11  
96052 Bamberg  
Tel. 09 51 / 2 08 49 26



## Notes

# 6

# Health and Safety in Old Age



## **6.1 Security for Senior Citizens**

Bamberg's police will be happy to show you how you can protect yourself effectively via a few preventative measures and circumspect conduct. The police also offer talks for groups (for instance, for senior citizens' clubs).

### **Roundabout Watch**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 2 65 12  
[www.verkehrswacht-bayern.de](http://www.verkehrswacht-bayern.de)  
[kreisverkehrswacht-bamberg@web.de](mailto:kreisverkehrswacht-bamberg@web.de)

### **Security Advisory Committee of the City of Bamberg**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 01

### **Technical Specialist Counselling Office of the Criminal Investigation Department, Bamberg**

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Schildstraße 81  
96050 Bamberg  
Tel. 09 51 / 9 12 94 08 or 9 12 94 30  
[www.polizei-bamberg.de](http://www.polizei-bamberg.de)  
[4180@baypol.bayern.de](mailto:4180@baypol.bayern.de)

Further information can also be found under:  
8.4 Home Emergency Number

<b>6.2</b>	<b>Clinics / Centre for Care and Advice / Socio-Educational Service Centre</b>
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Bamberg's social welfare foundation consists of the following institutions, amongst others:

### **Bruderwald Hospital Complex**

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Buger Straße 80  
96049 Bamberg  
Tel. 09 51 / 50 30

### **Michelsberg Hospital Complex Including the Centre for Gerontological Medicine**

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St.-Getreu-Straße 14 - 18  
96049 Bamberg  
Tel. 09 51 / 50 32 00 00

### **Ambulatory Health Care Centre, Heinrichsdamm Hospital Complex and Dr Schellerer's Private Clinic**

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Heinrichstraße 6  
96047 Bamberg  
Tel. 09 51 / 50 34 00 00

## **Bruderwald Hospital Complex**

- **Bruderwald Ambulatory Health Care Centre**
  - **saludis PLC**
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Buger Straße 82  
96049 Bamberg  
Tel. 09 51 / 50 35 38 20

## **Bruderwald Hospital Centre - Care and Advice Centre**

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Buger Straße 80  
96049 Bamberg  
Tel. 09 51 / 50 31 35 00

## **Michelsberg Hospital Centre - Socio-Educational Counselling Centre**

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St.-Getreu-Straße 14 - 18  
96049 Bamberg  
Tel. 09 51 / 50 32 71 00

More details are available in the internet under  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de).

Further information can also be found under: 8.10 Short-Term Care 8.11 Day Care / Night Care / Daily Supervision 8.12 Residential Institutions / Homes for the Elderly / Care Homes 8.13 Sheltered Accommodation
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## **6.3 Dietary Advice**

You should seek good advice in dietary questions in person from your doctor. Some health insurance companies offer their members advice in dietary matters directly, whilst others grant financial subsidies for courses. The amount of these contributions can vary greatly according to the scheme and the doctor's prescription. Please enquire as to the terms offered by your health insurance company there.

Further advice on dietary matters can be obtained from these places:

### **Advice Centre for Diet and Home Economics**

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Schillerplatz 15  
96047 Bamberg  
Tel. 09 51 / 86 87 34  
[www.aelf-ba.bayern.de](http://www.aelf-ba.bayern.de)  
[poststelle@aelf-ba.bayern.de](mailto:poststelle@aelf-ba.bayern.de)

### **German Diabetics' Association**

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Oberer Stephansberg 55  
96049 Bamberg  
Tel. 09 51 / 5 66 46  
[www.diabetikerbund-bayern.de](http://www.diabetikerbund-bayern.de)  
[shg.bamberg@diabetikerbund-bayern.de](mailto:shg.bamberg@diabetikerbund-bayern.de)

## **German Housewives' Association**

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Spitalstraße 1 d

96052 Bamberg

Tel. 09 51 / 2 23 60 and 2 39 01

Fax. 09 51 / 2 23 60

[www.hausfrauenbund-bamberg.de](http://www.hausfrauenbund-bamberg.de)

[dhb-bamberg@email.de](mailto:dhb-bamberg@email.de)

## **Dietary Advice of the AOK**

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Pödeldorfer Straße 75

96052 Bamberg

Tel. 09 51 / 9 33 60

[www.aok.de](http://www.aok.de)

Further information can also be found under:

6.4 Open Lunches for Senior Citizens

8.5 Meal Services



## **6.4 Open Lunches for Senior Citizens**

If you would rather eat in the company of others than at home alone, you can attend the following open lunches:

### **Workers' Welfare Association, Local Chapter for Town and Country, Bamberg, "Open Lunch"**

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Hauptsmoorstraße 26  
96052 Bamberg  
Tel. 09 51 / 4 07 44 50  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[info@awo-bamberg.de](mailto:info@awo-bamberg.de)

### **Voluntary Visiting and Aid Services, Bamberg-Forchheim, Project "Living at Home"**

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Pestalozzistraße 27  
96052 Bamberg  
Tel. 09 51 / 9 55 11 66  
[www.daheimwohnen.de](http://www.daheimwohnen.de)  
[u.john@dwbf.de](mailto:u.john@dwbf.de)

### **Senior Citizens' Lunch in the Schwanhäuser Home for the Elderly**

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Friedrich-Ebert-Straße 5  
96050 Bamberg  
Tel. 09 51 / 2 39 01

## **Senior Citizens' Lunch in the Technical College for Geriatric Care of the Caritas Association for the Archdiocese of Bamberg**

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Schützenstraße 21  
96047 Bamberg  
Tel. 09 51 / 98 61 90  
[www.mahlzeitendienst-bamberg.de](http://www.mahlzeitendienst-bamberg.de)  
[bfsa@caritas-bamberg.de](mailto:bfsa@caritas-bamberg.de)

After the lunch in the technical college for geriatric care, it is possible to spend a sociable, cosy afternoon for a few hours in our open municipal pub for senior citizens.

## **Kangaroo Mothers' Centre**

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Nürnberger Straße 108 k  
96050 Bamberg  
Tel. 09 51 / 4 08 13 17  
[www.mz-kaenguruh.de](http://www.mz-kaenguruh.de)  
[info@mz-kaenguruh.de](mailto:info@mz-kaenguruh.de)

Further information can also be found under:

- 1.7 Senior Citizens' Clubs and Circles
- 1.8 Meeting Places for Senior Citizens
- 6.3 Dietary Advice
- 8.5 Meal Services

<b>6.5</b>	<b>Escort Services for Senior Citizens</b>
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### **Bamberg Care Service**

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*Information:*

BBP On-Call Practice, Bamberg

Buger Straße 80

96049 Bamberg

Tel. 09 51 / 7 00 20 70

*or*

BTB Day Care, Bamberg

Buger Straße 101

96049 Bamberg

Tel. 09 51 / 2 97 91 97

*or*

from your family doctor

### **Bavarian Red Cross, Bamberg Chapter**

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Hainstraße 19

96047 Bamberg

Tel. 09 51 / 98 18 90

[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)

[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

### **Caritas Welfare Centre, Central Bamberg**

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Schützenstraße 21

96047 Bamberg

Tel. 09 51 / 9 82 81 30

[www.caritas-bamberg.de](http://www.caritas-bamberg.de)

[sst.bamberg-mitte@caritas-bamberg.de](mailto:sst.bamberg-mitte@caritas-bamberg.de)

## **Caritas Welfare Centre, East Bamberg**

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Birkengraben 2  
96052 Bamberg  
Tel. 09 51 / 3 29 09  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[sst.bamberg-ost@caritas-bamberg.de](mailto:sst.bamberg-ost@caritas-bamberg.de)

## **Welfare Centre of the Protestant Church, Bamberg**

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Memmelsdorfer Straße 128  
96052 Bamberg  
Tel. 09 51 / 95 51 10  
[www.dwfb.de](http://www.dwfb.de)  
[diakoniestation-bamberg@dwbf.de](mailto:diakoniestation-bamberg@dwbf.de)

## **Invaluable Home Help, Head Office for Home Help**

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Nürnberger Straße 108 k  
96050 Bamberg  
Tel. 09 51 / 4 08 13 17  
[www.haushaltssperlen.de](http://www.haushaltssperlen.de)  
[info@haushaltssperlen.de](mailto:info@haushaltssperlen.de)

Further information can also be found under:  
1.10 Holidays and Trips

<b>6.6</b>	<b>Hiring Wheelchairs, Electric Wheelchairs and Walking Frames</b>
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**mediteam Health Care Centre**

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Luisenstraße 5  
96047 Bamberg  
Tel. 09 51 / 96 60 00  
and  
Buger Straße 82  
96049 Bamberg  
Tel. 09 51 / 5 09 01 76  
[www.mediteam.de](http://www.mediteam.de)  
[kontakt@mediteam.de](mailto:kontakt@mediteam.de)

Further information can also be found under: 8.6 Transport Possibilities for Disabled People
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## Notes

## Notes

# 7

## **Matters of Dwelling for Senior Citizens**





## **7.1 Adapting Your Living Space**

Understandably, many people would prefer to remain within their familiar “own four walls” even at an advanced age or following a severe handicap. Unfortunately, such dwellings are not always tailored to one’s current needs. Problems of living that present themselves in daily life can nevertheless frequently be overcome by adapting the furniture or through structural alterations, to name but two examples.

Since 2007, the recently created “advice centre for planning suitable living” stands at your disposal for further information.

In collaboration with the office for building regulations, the centre can also give information on possible supportive measures.

At present, for instance, measures to adapt a living space for a disabled person are eligible to receive funding of up to 10,000.00 Euros.

**Department for Housing and Insurance  
- Advice Centre for Planning Suitable Living**

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Heinrichsdamm 1  
96047 Bamberg  
Tel. 09 51 / 87 11 86  
[www.bamberg.de](http://www.bamberg.de)  
[gisela.muehling@stadt.bamberg.de](mailto:gisela.muehling@stadt.bamberg.de)

The office, which is located on the second floor in room 205, can be reached via a wheelchair-accessible entrance and a lift. Naturally, advice is given free of charge.

<b>7.2</b>	<b>Association for the Promotion and Support of Independent Living in Old Age and Disability</b>
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The “association for the promotion and support of independent living in old age and disability” agitates for a self-determined life in one’s own four walls for as long as possible.

The organisation is a charitable enterprise and is a member of the co-determined welfare association.

Its resources are used exclusively in support of the needy.

By making a donation to the association, you can directly help to improve the lives of the elderly or disabled within their own four walls.

**Association for the Promotion and Support of Independent Living in Old Age and Disability**

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Maria-Ward-Straße 8  
96047 Bamberg  
Tel. 09 51 / 5 09 97 90

<b>7.3</b>	<b>Supervised Living and Serviced Living</b>
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So-called "supervised living" or "serviced living" has developed as one of several new forms of residence over the past few years. The hallmark of these forms of living is that they are orientated towards the needs of older people via location, character and furnishings. In conjunction with a care service or other similarly available schemes, supervised living can often create the prerequisites for an independent lifestyle for as long as possible.

Further information may be obtained from the following institutions:

### **Supervised Living "Friedrichstraße"**

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Friedrichstraße 7 a  
96047 Bamberg  
Tel. 09 51 / 2 08 45 81  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[friedrichstrasse@fazit-gruppe.de](mailto:friedrichstrasse@fazit-gruppe.de)

### **Dr Robert Pfleger Centre for Rehabilitation and Geriatric Care, St. Otto**

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Ottostraße 10  
96047 Bamberg  
Tel. 09 51 / 98 02 80  
[www.seniorenzentrum-st-otto.de](http://www.seniorenzentrum-st-otto.de)  
[ahotto.bamberg@caritas-bamberg.de](mailto:ahotto.bamberg@caritas-bamberg.de)

## **Franz Ludwig Home for Senior Citizens**

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Franz-Ludwig-Straße 7 c  
96047 Bamberg  
Tel. 09 51 / 20 86 80  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[franz-ludwig@fazit-gruppe.de](mailto:franz-ludwig@fazit-gruppe.de)

## **Johannes Schwanhäuser Home for the Elderly**

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Friedrich-Ebert-Straße 5  
96050 Bamberg  
Tel. 09 51 / 8 68 02 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-wilhelmloehe@dwbf.de](mailto:sz-wilhelmloehe@dwbf.de)

## **BRK Old Peoples' Home, Bruderwald**

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Lobenhofferstraße 6  
96049 Bamberg  
Tel. 09 51 / 50 80  
[www.seniorenwohnen.brk.de](http://www.seniorenwohnen.brk.de)  
[info.hbw@rks.brk.de](mailto:info.hbw@rks.brk.de)

## **Senior Citizens' Centre of the Workers' Welfare Association**

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Hauptsmoorstraße 26  
96052 Bamberg  
Tel. 09 51 / 4 07 44 50  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[heimleitung-bamberg@awo-bamberg.de](mailto:heimleitung-bamberg@awo-bamberg.de)

## **“Sun Park” Serviced Living**

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Anton-Schuster-Straße 12  
96052 Bamberg  
Tel. 09 51 / 4 07 10 72  
[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)

## **Spörlein Senior Citizens’ Flats**

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St.-Getreu-Straße 1 a  
96049 Bamberg  
Tel. 09 51 / 50 33 00 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)

<b>7.4</b>	<b>Residential Estates for Senior Citizens / Shared Flats for Senior Citizens / Households for Senior Citizens</b>
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### **St. Klara Senior Citizens' Residential Complex**

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Jakobsberg 7 a  
 96049 Bamberg  
 Tel. 09 51 / 8 60 41 30

### **Supervised Living "Friedrichstraße"**

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Friedrichstraße 7 a  
 96047 Bamberg  
 Tel. 09 51 / 2 08 45 81  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[friedrichstrasse@fazit-gruppe.de](mailto:friedrichstrasse@fazit-gruppe.de)

### **Caritas Senior Citizens' Centre, St. Josef, Shared Households**

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Andreas-Hofer-Straße 17 a  
 96049 Bamberg  
 Tel. 09 51 / 96 83 90  
[www.seniorenzentrum-gaustadt.de](http://www.seniorenzentrum-gaustadt.de)  
[ah.gaustadt@caritas-bamberg.de](mailto:ah.gaustadt@caritas-bamberg.de)

### **House on the Heinrichsdamm**

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Heinrichsdamm 46  
 96047 Bamberg  
 Tel. 09 51 / 8 68 02 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-wilhelmloehe@dwbf.de](mailto:sz-wilhelmloehe@dwbf.de)



## **BRK Old Peoples' Home, Bruderwald**

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Lobenhofferstraße 6  
96049 Bamberg  
Tel. 09 51 / 50 80  
[www.seniorenwohnen.brk.de](http://www.seniorenwohnen.brk.de)  
[info.hbw@rks.brk.de](mailto:info.hbw@rks.brk.de)

## **WEGE Association, Bamberg**

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Mittlerer Kaulberg 38  
96049 Bamberg  
Tel. 09 51 / 5 09 03 16  
[www.wege-ev.bnv-bamberg.de](http://www.wege-ev.bnv-bamberg.de)  
[rupprechtrena@web.de](mailto:rupprechtrena@web.de)

## **Residential Group, Promenade N° 5**

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Promenadestraße 5  
96047 Bamberg  
Tel. 01 70 / 4 22 14 21

<b>7.5</b>	<b>Living with Multiple Generations</b> <b>- Forms of Residence</b> <b>- Meeting Places / Support</b>
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**Forms of Residence:**

**House "Miteinander" ("Living Together")**

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Andreas-Hofer-Straße 19  
96049 Bamberg  
Tel. 09 51 / 6 01 00 13

**WEGE Association, Bamberg**

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Mittlerer Kaulberg 38  
96049 Bamberg  
Tel. 09 51 / 5 09 03 16  
[www.wege-ev.bnv-bamberg.de](http://www.wege-ev.bnv-bamberg.de)  
[rupprechtrena@web.de.de](mailto:rupprechtrena@web.de.de)

### **Meeting Places / Support:**

#### **Welfare and Social Work of the Protestant Church, Bamberg-Forchheim, Project "Living at Home"**

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Memmelsdorfer Straße 128  
96052 Bamberg  
Tel. 09 51 / 9 55 11 66  
[www.daheimwohnen.de](http://www.daheimwohnen.de)  
[daheimwohnen@dwbf.de](mailto:daheimwohnen@dwbf.de)

#### **Pan-Generational House, Kangaroo Mothers' Centre**

---

Nürnberger Straße 108 k  
96050 Bamberg  
Tel. 09 51 / 4 08 13 17  
[www.mz-kaenguruh.de](http://www.mz-kaenguruh.de)  
[info@mz-kaenguruh.de](mailto:info@mz-kaenguruh.de)

#### **WEGE Association, Bamberg**

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Mittlerer Kaulberg 38  
96049 Bamberg  
Tel. 09 51 / 5 09 03 16  
[www.wege-ev.bnv-bamberg.de](http://www.wege-ev.bnv-bamberg.de)  
[rupprechtrena@web.de](mailto:rupprechtrena@web.de)

<b>7.6</b>	<b>The Structure and Planning of an Ambulantly Supervised Shared Dwelling for Sufferers of Dementia</b>
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As a rule, eight to ten people with dementia live in a large flat within an ambulant supervised shared dwelling. Each sufferer receives their own room, whilst the kitchen, bathroom and lounge are used communally. As in every other private dwelling, the tenants are free to decide how to furnish their own flats. An ambulant care service looks after the residents around the clock. Ambulantly supervised shared dwellings aim to enable people with dementia to live in a family-like atmosphere, and to thereby improve their well-being. The communal shaping of everyday life stands at the centre of the shared residential experience. Ambulantly supervised shared dwellings permit sufferers of dementia to live out their days in surroundings which convey a feeling of security and safety. They offer residents the greatest possible amount of independence, and thus foster their abilities.

### **LUNA Association: Living and Growing Old**

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Zollnerstraße 56

96052 Bamberg

Tel. 09 51 / 9 37 01 99 or 29 03 92

[www.luna-ev.org](http://www.luna-ev.org)

[info@luna-ev.org](mailto:info@luna-ev.org)

Further information can also be found under:

8.3 Voluntary Visiting and Aid Services

8.16 Help for Relatives who Act as Carers

## Notes

## Notes

# 8

# Help with Care Requirements





<b>8.1</b>	<b>Outpatients' Care Services and Welfare Centres</b>
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Welfare centres and outpatients' care services ensure that those in need of help or care are well looked after. They can also offer you many different kinds of advice.

In this fashion, for example, so-called basic care involves help with matters of personal hygiene or with dressing and undressing. If treatment is required, wounds may be attended to or injections given in accordance with a doctor's prescription, amongst other things.

**AKA: Ambulant Care for the Sick and Elderly,  
Yvonne Bernhardt**

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Kaulberg 4  
96175 Pettstadt  
Tel. 0 95 02 / 92 67 76

**Ambucare Reinhold Franzke**

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Albrecht-Dürer-Straße 9  
96052 Bamberg  
Tel. 09 51 / 9 37 03 10  
ambucare-bamberg@t-online.de

## **Caritas Welfare Centre, Central Bamberg**

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Schützenstraße 21

96047 Bamberg

Tel. 09 51 / 9 82 81 30

[www.caritas-bamberg.de](http://www.caritas-bamberg.de)

[sst.bamberg-mitte@caritas-bamberg.de](mailto:sst.bamberg-mitte@caritas-bamberg.de)

## **Caritas Welfare Centre, East Bamberg**

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Birkengraben 2

96052 Bamberg

Tel. 09 51 / 3 29 09

[www.caritas-bamberg.de](http://www.caritas-bamberg.de)

[sst.bamberg-ost@caritas-bamberg.de](mailto:sst.bamberg-ost@caritas-bamberg.de)

## **Monika Löschner, Domestic Care**

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Promenadestraße 5

96047 Bamberg

Tel. 09 51 / 9 68 46 88

[pflege-loeschner@web.de](mailto:pflege-loeschner@web.de)

## **BRK Old Peoples' Home, Bruderwald**

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Lobenhofferstraße 6

96049 Bamberg

Tel. 09 51 / 50 80

[www.seniorenwohnen.brk.de](http://www.seniorenwohnen.brk.de)

[info.hbw@rks.brk.de](mailto:info.hbw@rks.brk.de)

## **Welfare Centre of the Protestant Church, Bamberg**

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Memmelsdorfer Straße 128  
96052 Bamberg  
Tel. 09 51 / 95 51 10  
[www.dwbf.de](http://www.dwbf.de)  
[diakoniestation-bamberg@dwbf.de](mailto:diakoniestation-bamberg@dwbf.de)

## **Welfare Centre in the Senior Citizens' Centre of the Workers' Welfare Association**

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Hauptsmoorstraße 26  
96052 Bamberg  
Tel. 09 51 / 4 07 44 45  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[sozialstation@awo-bamberg.de](mailto:sozialstation@awo-bamberg.de)

## **Welfare Foundation Bamberg, Ambulant Care**

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Sankt-Getreu-Straße 1  
96049 Bamberg  
Tel. 01 51 / 58 05 64 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)  
[info@sozialstiftung-bamberg.de](mailto:info@sozialstiftung-bamberg.de)

## **VISIT Ambulant Care Ltd.**

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Laurenzistraße 30  
96049 Bamberg  
Tel. 09 51 / 96 53 20  
[www.visit-bamberg.de](http://www.visit-bamberg.de)  
[info@visit-bamberg.de](mailto:info@visit-bamberg.de)

Further information can also be found under:

- 8.2 Mobile Social Aid Services
- 8.3 Voluntary Visiting and Aid Services
- 8.7 Care Assessment
- 8.8 Help in Case of Refusal of Applications for a Nursing Allowance
- 8.10 Short-Term Care
- 8.11 Day Care / Night Care / Daily Supervision
- 8.12 Residential Institutions / Homes for the Elderly / Care Homes

## **8.2 Mobile Social Aid Services**

When everyday tasks like shopping, cleaning the windows, tidying the flat or doing the washing become difficult, mobile social aid services offer support in carrying out daily chores.

Further information can be obtained from the following organisations:

### **Bavarian Red Cross, Bamberg Chapter**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 98 18 90  
[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)  
[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

### **Mobi-Team Bamberg, Bernd Durmann**

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Klosterstraße 10 a  
96052 Bamberg  
Tel. 09 51 / 2 09 79 88  
Mobil 01 71 / 9 98 43 75  
[www.mobiteam-bamberg.de](http://www.mobiteam-bamberg.de)  
[info@mobiteam-bamberg.de](mailto:info@mobiteam-bamberg.de)

Further information can also be found under:

- 5.8 Senior Citizens' Office for Helpers in Times of Need
- 5.9 Help in the Household
- 8.1 Outpatients' Care Services and Welfare Centres
- 8.3 Voluntary Visiting and Aid Services

<b>8.3</b>	<b>Voluntary Visiting and Aid Services</b>
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Visiting services often represent an important link to the outside world for people with limited mobility. In this way, it is possible to create new contacts that help to avoid loneliness and isolation.

In addition, such services frequently undertake errands or driving trips, and will accompany their charges on visits to the doctor or to the authorities.

### **Visiting Service of the Caritas Welfare Centre**

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Geyerswörthstraße 2  
96047 Bamberg  
Tel. 09 51 / 2 99 57 20  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[info@caritas-bamberg.de](mailto:info@caritas-bamberg.de)

### **German Association for Social Work, Bamberg Group**

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Hauptsmoorstraße 37  
96129 Strullendorf  
Tel. 0 95 43 / 41 08 71  
[www.dsw-ev-bonn.de](http://www.dsw-ev-bonn.de)

## **Voluntary Visiting Service, Welfare and Social Work of the Protestant Church**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 01 66  
[www.dwbf.de](http://www.dwbf.de)  
[info@dwbf.de](mailto:info@dwbf.de)

## **LUNA Association: Living and Growing Old**

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Zollnerstraße 56  
96052 Bamberg  
Tel. 09 51 / 9 37 01 99 or 29 03 92  
[www.luna-ev.org](http://www.luna-ev.org)  
[info@luna-ev.org](mailto:info@luna-ev.org)

## **Volunteers of the Order of Malta - Head Office**

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Georgenstraße 7  
96052 Bamberg  
Tel. 09 51 / 91 22 00  
[www.malteser-bamberg.de](http://www.malteser-bamberg.de)

## **Volunteers of the Order of Malta - Visiting Service**

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Georgenstraße 7  
96052 Bamberg  
Tel. 0 95 05 / 80 43 26  
[www.malteser-bamberg.de](http://www.malteser-bamberg.de)  
[meisel-d-a@t-online.de](mailto:meisel-d-a@t-online.de)



## **Ecumenical Visiting Service for Old Peoples' Homes and Care Homes**

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Schützenstraße 45  
96047 Bamberg  
Tel. 09 51 / 2 35 53

## **Visiting Service for Senior Citizens' Homes of the Bavarian Red Cross, Bamberg Chapter**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 9 81 89 13  
[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)  
[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

Further information can also be found under:

- 5.8 Senior Citizens' Office for Helpers in Times of Need
- 8.1 Outpatients' Care Services and Welfare Centres
- 8.2 Mobile Social Aid Services

## **8.4 Home Emergency Number**

Older people who live on their own often worry about not being able to reach the telephone in an emergency. The home emergency number guarantees that you will be able to summon help in an emergency quickly and safely at any time of day or night. Various forms of this service can be placed at your disposal in our city. For example, an emergency signal can be triggered at the press of a button. This alarm then sets off the call for help. This solution proves particularly useful if, for instance, one has fallen and can no longer get to the telephone. The switchboard of the emergency services immediately recognises who has transmitted the signal, enabling them to initiate the necessary relief measures swiftly.

The following suppliers will be happy to provide you with further information:

### **Emergency Home Number Service of the Bavarian Red Cross, Bamberg Chapter**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 9 81 89 13  
[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)  
[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

**St. John's Ambulance  
Regional Chapter for Upper Franconia, Neustadt  
on the Aisch**

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Gutenbergstraße 2 a  
96040 Bamberg  
Tel. 09 51 / 2 08 53 30  
[www.johanniter.de](http://www.johanniter.de)  
[bamberg@juh-bayern.de](mailto:bamberg@juh-bayern.de)

**SOPHIA Franconia Ltd.**

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Maria-Ward-Straße 8  
96047 Bamberg  
Tel. 09 51 / 2 08 80  
[www.sophia-tv.de](http://www.sophia-tv.de)  
[info@sophia-tv.de](mailto:info@sophia-tv.de)

## **8.5 Meal Services**

Meal services – better known in the past as “meals on wheels” – are well-suited to people who have difficulties in preparing their own food due to poor health or other problems associated with old age. You can choose between warm meals or frozen menus, between hearty food and light, meat-free or diet-friendly options.

### **Meals on Wheels Service of the Workers’ Welfare Association, Local Chapter for Town and Country, Bamberg**

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Hauptsmoorstraße 26 a  
96052 Bamberg  
Tel. 09 51 / 4 07 44 44  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[info@awo-bamberg.de](mailto:info@awo-bamberg.de)

### **Meals on Wheels Service of the Caritas Association for the Archdiocese of Bamberg**

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Schützenstraße 21  
96047 Bamberg  
Tel. 09 51 / 8 69 80  
[www.mahlzeitendienst-bamberg.de](http://www.mahlzeitendienst-bamberg.de)  
[ear@caritas-bamberg.de](mailto:ear@caritas-bamberg.de)

## **Meals on Wheels Service of the Bavarian Red Cross, Bamberg Chapter**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 9 81 89 13  
[www.kvbamberg.brk.de](http://www.kvbamberg.brk.de)  
[info@kvbamberg.brk.de](mailto:info@kvbamberg.brk.de)

Further information can also be found under:

6.3 Dietary Advice

6.4 Open Lunches for Senior Citizens

<b>8.6</b>	<b>Transport Possibilities for Disabled People</b>
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Travelling via the transport service for disabled people in the context of integration aid (according to article 54 of the constitution, paragraph 1 SGB XII in connection with article 55, paragraphs 1 and 2 number 7, paragraph 58, sentence 1, numbers 1, 2 SGB IX) is intended to enable severely disabled people to participate in public life. The service can take you to visit your relatives or friends, to events, to the shops or to the authorities. In certain circumstances, the office for social affairs undertakes to pay the costs of these journeys to a limited extent if an application is made. A severely disabled person's pass with the markers "aG" and "B" or "aG" and "H" is required. It is not possible to exceed the income limit as prescribed by law.

### **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 04  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

**Workers' Samaritans Association  
Regional Chapter for Forchheim (ASB)**

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Friedrich-Ludwig-Jahn-Straße 9  
91301 Forchheim  
Tel. 0 91 91 / 7 00 70  
[www.asb-forchheim.de](http://www.asb-forchheim.de)  
[info@asb-forchheim.de](mailto:info@asb-forchheim.de)

**Bavarian Red Cross,  
Bamberg Chapter**

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Hainstraße 19  
96047 Bamberg  
Tel. 09 51 / 2 22 22  
[www.kvbmamberg.brk.de](http://www.kvbmamberg.brk.de)  
[info@kvbmamberg.brk.de](mailto:info@kvbmamberg.brk.de)

**St. John's Ambulance  
Regional Chapter for Upper Franconia, Neustadt  
on the Aisch**

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Gutenbergstraße 2 a  
96040 Bamberg  
Tel. 09 51 / 1 92 14  
[www.johanniter.de](http://www.johanniter.de)  
[bamberg@juh-bayern.de](mailto:bamberg@juh-bayern.de)

Further information can also be found under: 4.3 Advice in Particular Situations / Self-Help Office 4.4 Disadvantage Compensation / Disabilities
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## **8.7 Care Assessment**

### **Medical Service of the State Health Insurance Scheme**

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Kirschäckerstraße 23  
96052 Bamberg  
Tel. 09 51 / 9 35 45 0  
[www.mdk-in-bayern.de](http://www.mdk-in-bayern.de)  
[bz.bamberg@mdk-in-bayern.de](mailto:bz.bamberg@mdk-in-bayern.de)

Further information can also be found under:

- 5.6 Applying for a Nursing Allowance
- 8.8 Help in Case of Refusal of Applications for a Nursing Allowance



<b>8.8</b>	<b>Help in Case of Refusal of Applications for a Nursing Allowance</b>
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### **Specialist Department for Relatives Who Act as Carers**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 2 08 35 01  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[pflgeberatung@awo-bamberg.de](mailto:pflgeberatung@awo-bamberg.de)

### **SEBIS Franconian Information Centre for Senior Citizens and Disabled People**

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An der Holzbrücke 10  
91301 Forchheim  
Tel. 0 91 91 / 79 77 13  
[www.pflegestufenberatung.de](http://www.pflegestufenberatung.de)  
[gries-borch@sebis.info](mailto:gries-borch@sebis.info)

Further information can also be found under:
5.6 Applying for a Nursing Allowance
8.7 Care Assessment

## 8.9 Help with Searching for a Place in a Home

Perhaps admission to a home is on the agenda and you would like to enquire beforehand about existing old peoples' homes and care homes? If so, please visit the city of Bamberg's homepage. Under → *www.bamberg.de* → *Familie, Jugend, Soziales* → *Senioren* → *Pflegeplatzbörse der Stadt Bamberg* you will find a list of residential institutions and their internet addresses, as well as an overview of possible places available. The city's website is linked to homes for senior citizens and care homes, so that you can inform yourself quickly and simply.

**Short-term care** augments and supports domestic care. Should the relative who acts as a carer become ill or go on holiday, the person for whom they care can be taken into a residential institution for a maximum of four weeks. Admission to a short-term care institution is also possible following a stay in hospital or until the completion of necessary conversion work to one's own dwelling.

Some of the senior citizens' and care homes listed under "Residential Institutions" also offer places for short-term care or day and night care respectively.

**Day care** or **night care** is intended for older people who live in their own flat or house, but who require support and care from relatives or other people. Day care supplies aid in looking after those who need help, not to mention offering stimulation, supervision, activities, catering and a collection service within a radius of up to 10 km around Bamberg for guests who are unable to come themselves.

There are situations in which an older person who requires care or attention can no longer be looked after at home, even when relatives are there to act as carers and professional ambulant services support them.

In care homes for the elderly, people in need of constant care are looked after and attended to by skilled workers around the clock. Persons requiring a place in a home should make an initial application for residential care to the care insurance office or permit this to be done on their behalf. Thereupon, the care insurance office will call in the medical service of the state health insurance scheme (MDK). The latter body checks whether the applicant is really reliant on accommodation in a home (need for residential care) or whether non-ambulant services would be able to provide the requisite help. The care insurance office decides the extent to which it undertakes to pay benefits on the basis of the MDK report.

Since the introduction of care insurance, the costs of a home break down into

- Care costs  
(which the care insurance office pays)
- Accommodation and catering costs  
(which the occupant of the home pays)

Should your pension and other income prove insufficient to cover the costs of a home, it may be possible to receive a contribution towards paying them given particular pre-conditions. This is provided by the

## **Office for Social Affairs**

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Geyerswörthstraße 1  
96047 Bamberg  
Tel. 09 51 / 87 15 25  
[www.bamberg.de](http://www.bamberg.de)  
[sozialamt@stadt.bamberg.de](mailto:sozialamt@stadt.bamberg.de)

Further information can also be found under:

- 5.3 Benefits within Long-Term Care Insurance
- 5.6 Applying for a Nursing Allowance
- 5.7 Financing the Costs of a Residential Home
- 8.7 Care Assessment

## **8.10 Short-Term Care**

### **Antonius Foundation**

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St.-Getreu-Straße 1  
96049 Bamberg  
Tel. 09 51 / 50 33 00 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)

### **Citizens' Old Peoples' Home**

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Michaelsberg 10 d  
96049 Bamberg  
Tel. 09 51 / 50 33 00 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)

### **Caritas Old Peoples' and Care Home, St. Walburga**

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Jakobsberg 4  
96049 Bamberg  
Tel. 09 51 / 13 39 60  
[www.altenheim-st-walburga.de](http://www.altenheim-st-walburga.de)  
[ahwalburga.bamberg@caritas-bamberg.de](mailto:ahwalburga.bamberg@caritas-bamberg.de)

### **Caritas Senior Citizens' Centre, St. Josef**

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Andreas-Hofer-Straße 17 a  
96049 Bamberg  
Tel. 09 51 / 96 83 90  
[www.seniorenzentrum-gaustadt.de](http://www.seniorenzentrum-gaustadt.de)  
[ah.gaustadt@caritas-bamberg.de](mailto:ah.gaustadt@caritas-bamberg.de)

## **Dr Robert Pfleger Centre for Rehabilitation and Geriatric Care, St. Otto**

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Ottostraße 10  
96047 Bamberg  
Tel. 09 51 / 98 02 80  
[www.seniorenzentrum-st-otto.de](http://www.seniorenzentrum-st-otto.de)  
[ahotto.bamberg@caritas-bamberg.de](mailto:ahotto.bamberg@caritas-bamberg.de)

## **Franz Ludwig Home for Senior Citizens**

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Franz-Ludwig-Straße 7 c  
96047 Bamberg  
Tel. 09 51 / 20 86 80  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[franz-ludwig@fazit-gruppe.de](mailto:franz-ludwig@fazit-gruppe.de)

## **Albrecht Dürer House**

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Albrecht-Dürer-Straße 11  
96052 Bamberg  
Tel. 09 51 / 93 22 12 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-albrechtduerer@dwbf.de](mailto:sz-albrechtduerer@dwbf.de)

## **Wilhelm Löhe House**

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Heinrichsdamm 45 a  
96047 Bamberg  
Tel. 09 51 / 8 68 02 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-wilhelmloehe@dwbf.de](mailto:sz-wilhelmloehe@dwbf.de)

## **BRK Old Peoples' Home, Bruderwald**

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Lobenhofferstraße 6  
96049 Bamberg  
Tel. 09 51 / 50 80  
[www.seniorenwohnen.brk.de](http://www.seniorenwohnen.brk.de)  
[info.hbw@rks.brk.de](mailto:info.hbw@rks.brk.de)

## **Nonnenbrücke Home for Senior Citizens**

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Nonnenbrücke 9 a  
96047 Bamberg  
Tel. 09 51 / 2 99 80  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[nonnenbruecke@fazit-gruppe.de](mailto:nonnenbruecke@fazit-gruppe.de)

## **Senior Citizens' Centre of the Workers' Welfare Association**

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Hauptsmoorstraße 26  
96052 Bamberg  
Tel. 09 51 / 4 07 44 50  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[heimleitung-bamberg@awo-bamberg.de](mailto:heimleitung-bamberg@awo-bamberg.de)

<b>8.11</b>	<b>Day Care / Night Care / Daily Supervision</b>
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**BTB Day Care, Bamberg**

Buger Straße 101  
96049 Bamberg  
Tel. 09 51 / 2 97 91 97

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**Caritas Welfare Centre with Day Care, Central Bamberg**

Schützenstraße 21  
96047 Bamberg  
Tel. 09 51 / 9 82 81 30  
[www.caritas-bamberg.de](http://www.caritas-bamberg.de)  
[sst.bamberg-mitte@caritas-bamberg.de](mailto:sst.bamberg-mitte@caritas-bamberg.de)

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**Caritas Senior Citizens' Centre, St. Josef**

Andreas-Hofer-Straße 17 a  
96049 Bamberg  
Tel. 09 51 / 96 83 90  
[www.seniorenzentrum-gaustadt.de](http://www.seniorenzentrum-gaustadt.de)  
[ah.gaustadt@caritas-bamberg.de](mailto:ah.gaustadt@caritas-bamberg.de)

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**Senior Citizens' Centre of the Workers' Welfare Association**

Hauptsmoorstraße 26  
96052 Bamberg  
Tel. 09 51 / 4 07 45 02  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[tgpf1-bamberg@awo-bamberg.de](mailto:tgpf1-bamberg@awo-bamberg.de)



## **VISIT Ambulant Care Ltd.**

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Laurenzstraße 30  
96049 Bamberg  
Tel. 09 51 / 96 53 20  
[www.visit-bamberg.de](http://www.visit-bamberg.de)  
[info@visit-bamberg.de](mailto:info@visit-bamberg.de)

<b>8.12</b>	<b>Residential Institutions / Homes for the Elderly / Care Homes</b>
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**Antonius Foundation**

St.-Getreu-Straße 1  
96049 Bamberg  
Tel. 09 51 / 50 33 00 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)

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**Citizens' Old Peoples' Home**

Michaelsberg 10 d  
96049 Bamberg  
Tel. 09 51 / 50 33 00 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)

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**Caritas Old Peoples' and Care Home, St. Walburga**

Jakobsberg 4  
96049 Bamberg  
Tel. 09 51 / 13 39 60  
[www.altenheim-st-walburga.de](http://www.altenheim-st-walburga.de)  
[ahwalburga.bamberg@caritas-bamberg.de](mailto:ahwalburga.bamberg@caritas-bamberg.de)

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**Caritas Senior Citizens' Centre, St. Josef**

Andreas-Hofer-Straße 17 a  
96049 Bamberg  
Tel. 09 51 / 96 83 90  
[www.seniorenzentrum-gaustadt.de](http://www.seniorenzentrum-gaustadt.de)  
[ah.gaustadt@caritas-bamberg.de](mailto:ah.gaustadt@caritas-bamberg.de)

## **Dr Robert Pfleger Centre for Rehabilitation and Geriatric Care, St. Otto**

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Ottostraße 10  
96047 Bamberg  
Tel. 09 51 / 98 02 80  
[www.seniorenzentrum-st-otto.de](http://www.seniorenzentrum-st-otto.de)  
[ahotto.bamberg@caritas-bamberg.de](mailto:ahotto.bamberg@caritas-bamberg.de)

## **Franz Ludwig Home for Senior Citizens**

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Franz-Ludwig-Straße 7 c  
96047 Bamberg  
Tel. 09 51 / 20 86 80  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[franz-ludwig@fazit-gruppe.de](mailto:franz-ludwig@fazit-gruppe.de)

## **Albrecht Dürer House**

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Albrecht-Dürer-Straße 11  
96052 Bamberg  
Tel. 09 51 / 93 22 12 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-albrechtduerer@dwbf.de](mailto:sz-albrechtduerer@dwbf.de)

## **Johannes Schwanhäuser House**

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Friedrich-Ebert-Straße 5  
96050 Bamberg  
Tel. 09 51 / 8 68 02 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-wilhelmloehe@dwbf.de](mailto:sz-wilhelmloehe@dwbf.de)

## **Wilhelm Löhe House**

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Heinrichsdamm 45 a  
96047 Bamberg  
Tel. 09 51 / 8 68 02 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-wilhelmloehe@dwbf.de](mailto:sz-wilhelmloehe@dwbf.de)

## **BRK Old Peoples' Home, Bruderwald**

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Lobenhofferstraße 6  
96049 Bamberg  
Tel. 09 51 / 50 80  
[www.seniorenwohnen.brk.de](http://www.seniorenwohnen.brk.de)  
[info.hbw@rks.brk.de](mailto:info.hbw@rks.brk.de)

## **Senior Citizens' Home on the Heinrichsdamm**

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Heinrichsdamm 46  
96047 Bamberg  
Tel. 09 51 / 8 68 02 00  
[www.dwbf.de](http://www.dwbf.de)  
[sz-wilhelmloehe@dwbf.de](mailto:sz-wilhelmloehe@dwbf.de)

## **Nonnenbrücke Home for Senior Citizens**

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Nonnenbrücke 9 a  
96047 Bamberg  
Tel. 09 51 / 2 99 80  
[www.seniorenpflege-fazit.de](http://www.seniorenpflege-fazit.de)  
[nonnenbruecke@fazit-gruppe.de](mailto:nonnenbruecke@fazit-gruppe.de)

## **Senior Citizens' Centre of the Workers' Welfare Association**

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Hauptsmoorstraße 26

96052 Bamberg

Tel. 09 51 / 4 07 44 50

[www.awo-bamberg.de](http://www.awo-bamberg.de)

[heimleitung-bamberg@awo-bamberg.de](mailto:heimleitung-bamberg@awo-bamberg.de)

## **8.13 Sheltered Accommodation**

### **Antonius Foundation**

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St.-Getreu-Straße 1  
96049 Bamberg  
Tel. 09 51 / 50 33 00 00  
[www.sozialstiftung-bamberg.de](http://www.sozialstiftung-bamberg.de)

### **Caritas Old Peoples' and Care Home, St. Walburga**

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Jakobsberg 4  
96049 Bamberg  
Tel. 09 51 / 13 39 60  
[www.altenheim-st-walburga.de](http://www.altenheim-st-walburga.de)  
[ahwalburga.bamberg@caritas-bamberg.de](mailto:ahwalburga.bamberg@caritas-bamberg.de)

### **Caritas Senior Citizens' Centre, St. Josef**

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Andreas-Hofer-Straße 17 a  
96049 Bamberg  
Tel. 09 51 / 96 83 90  
[www.seniorenzentrum-gaustadt.de](http://www.seniorenzentrum-gaustadt.de)  
[ah.gaustadt@caritas-bamberg.de](mailto:ah.gaustadt@caritas-bamberg.de)

### **Residential Group, Promenade N° 5**

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Promenadestraße 5  
96047 Bamberg  
Tel. 01 70 / 4 22 14 21

## **Senior Citizens' Centre of the Workers' Welfare Association**

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Hauptsmoorstraße 26

96052 Bamberg

Tel. 09 51 / 4 07 44 50

[www.awo-bamberg.de](http://www.awo-bamberg.de)

[heimleitung-bamberg@awo-bamberg.de](mailto:heimleitung-bamberg@awo-bamberg.de)

## **8.14 Home Advisory Committee**

Since 1975, the law for homes guarantees occupants of old peoples' homes the right to be involved in all matters regarding the running of the institution in which they dwell. According to article 5 of the law for homes, the home advisory committee is indeed entitled to involve itself. However, it does not have the right to co-determination. The body that maintains and finances the home has the final say in decisions. As a result, it likewise bears the responsibility for those decisions.

The members of the home advisory committee are elected every two years. Their task is to represent occupants' interests in partnership with the management of the home and its financial backers.

There is a right to share in decisions which affect the fundamental running of the home, such as:

- A change in the type and purpose of the home, extensive architectural alterations or the renovation of the home
- Supervision, provisions and care
- Staging events and organising leisure time
- The expansion, restriction or cessation of the running of the home
- The rules of the home
- Home cost rates
- Accident prevention



<b>8.15</b>	<b>Vocational Colleges for the Care of the Elderly</b>
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### **Vocational College for Geriatric Care and Help**

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Buger Straße 80  
96049 Bamberg  
Tel. 09 51 / 50 31 16 02  
[www.ba-afg.de](http://www.ba-afg.de)  
[ggsd@t-online.de](mailto:ggsd@t-online.de)

### **Caritas Vocational College for Geriatric Care, St. Marien**

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Schützenstraße 21  
96047 Bamberg  
Tel. 09 51 / 98 61 90  
[www.altenpflegeschule-bamberg.de](http://www.altenpflegeschule-bamberg.de)  
[bfsa@caritas-bamberg.de](mailto:bfsa@caritas-bamberg.de)

### **Protestant Vocational College for Geriatric Care**

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Hainstraße 59  
96047 Bamberg  
Tel. 09 51 / 8 68 04 00  
[www.dwbf.de](http://www.dwbf.de)  
[ev.bfs-fuer-altenpflege@dwbf.de](mailto:ev.bfs-fuer-altenpflege@dwbf.de)

<b>8.16</b>	<b>Help for Relatives who Act as Carers</b>
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### **Specialist Department for Relatives Who Act as Carers**

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Schillerplatz 16  
96047 Bamberg  
Tel. 09 51 / 2 08 35 01  
[www.awo-bamberg.de](http://www.awo-bamberg.de)  
[pflegeberatung@awo-bamberg.de](mailto:pflegeberatung@awo-bamberg.de)

### **LUNA Association: Living and Growing Old**

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Zollnerstraße 56  
96052 Bamberg  
Tel. 09 51 / 9 37 01 99 or 29 03 92  
[www.luna-ev.org](http://www.luna-ev.org)  
[info@luna-ev.org](mailto:info@luna-ev.org)

## **8.17 Dementia / Alzheimer's**

"I think I've got Alzheimer's". So goes a sentence which is frequently said in jest.

Dementia of any sort is, however, an illness that needs to be taken seriously. This Latin word means "at a remove from the mind (or spirit)" or, even more pertinently, "devoid of mind". The fact that not only problems of memory play a decisive role in dementia, but that perception, experience and behaviour are also affected, and that physical complaints can further occur, is little-known and often underestimated.

The person affected can no longer express themselves adequately in language. They fail to recognise objects, cannot finish actions, mislay their personal items or constantly repeat the same questions.

Problems arise in terms of housekeeping. Personal hygiene is neglected, and the affected person suffers mood swings. Perhaps the sufferer even no longer recognises people with whom they are on intimate terms.

The person's relatives are often completely bewildered by such behaviour. They feel alone and are unsure how they should react. The result is massive psychological as well as physical strain, which goes beyond the limits of tolerance. We would like to encourage relatives to seek information, advice or tips – and not least help and support – in relation to dealing with sufferers of dementia in good time.

The most frequent questions that arise within the context of the illness, and which demand clarification, concern the following topics:

- The diagnosis
- The symptoms
- Dealing with the sufferer
- Care
- Finances
- Legal supervision / preventative power of attorney
- The benefits available from the care insurance office
- What support is available

### **Bamberg Alzheimer's Society**

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PO Box 10 63  
96001 Bamberg  
Tel. 09 51 / 8 68 01 69  
[www.alzheimer-bamberg.de](http://www.alzheimer-bamberg.de)  
[info@alzheimer-bamberg.de](mailto:info@alzheimer-bamberg.de)

## Notes

# 9

# Provisions in the Event of Death



## **9.1 Living Wills**

In a living will you can set down your wishes regarding the way in which medical treatment is to be carried out in case you should become incapable of making decisions for yourself. Should you then indeed lose your capacity to make decisions, your wishes in relation to a medical procedure that needs to be considered can be inferred with the help of the living will. In this way, you can exert an influence on your treatment in spite the fact that you are currently incapable of making decisions. As a result, you are able to safeguard your right to self-determination.

There are now many different ready-made outlines for the formulation of a living will, which are available from the appropriate institutions, associations and care organisations. You can also receive information from the care offices in the area around Bamberg. Moreover, it is advisable to discuss your living will with a trusted doctor. The drawing up of this declaration of intent requires the written form. It must display the place, the date and be personally signed. Should you have detailed questions, please feel free to approach the Bamberg hospice academy directly.



## **Bamberg Hospice Academy**

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Lobenhofferstraße 10

96049 Bamberg

Tel. 09 51 / 9 55 07 22

[www.hospiz-akademie.de](http://www.hospiz-akademie.de)

[kontakt@hospiz-akademie.de](mailto:kontakt@hospiz-akademie.de)

Further information can also be found under:

4.2 Legal Supervision

9.2 Succession, Wills

## **9.2 Succession, Wills**

In order to ensure that your estate doesn't fall into the wrong hands, it is advisable to draw up a will. In this way, disputes amongst the heirs can be avoided.

Many people suppress thoughts of dying and death, seeking to banish them from their consciousness. Nevertheless, dealing with these matters and the anxieties associated with them is part of a thoughtful approach to life. This demands that timely provisions be made for the event of death, such as putting one's estate in order and fixing the place and character of the funeral, quite apart from making plans for the care of the grave.

The estate can be disposed of through a will or via a testamentary contract. A testamentary contract is entered into by one or more people and creates a contractual attachment to the provisions made therein. These may then only be cancelled by one party in extremely exceptional circumstances. As far as content is concerned, it is possible to make the same provisions in a testamentary contract as in a will. A will can be declared in the presence of a notary. In addition, it is possible to make a privately written will.

Drawing up a will to be dictated and written down at a notary's office offers the greatest security. However, the law also provides for the possibility of drawing up a will without the use of a notary. Should one choose to take advantage of this option, the will must be handwritten – that is to say, personally written by one's own hand – from beginning to end. Furthermore, one should not forget to cite both the place in which and the date on which the will was drawn up. In such a case, this too should be done in one's own hand. The will must be personally signed at the end of the declaration. It is best if this is done with both forename and surname, in order to avoid any possibility of confusion. Statements that appear after the signature must be signed again, otherwise they are invalid. Spouses are likewise permitted to draw up a "personal will" of this sort. They may do this by countersigning the joint declaration in their own hand. In doing so, the spouse should cite when and where they have added their signature. Personally written wills can be deposited at a district court of one's own choosing at one's own expense, just as those witnessed by a notary can.

For tax reasons it may be advisable to give one's investments to the intended recipient whilst one is still alive. More detailed information regarding the guidelines that must be observed, as well as help in all questions relating to succession and wills, can be obtained from tax advisers and notaries.

Further information can also be found under:  
9.1 Living Wills

## **9.3 Terminal Care**

Caring for a family member who is gravely ill or moribund demands energy and a psychological stability that relatives alone are frequently unable to summon up. Voluntary hospice helpers support seriously ill and dying people plus their relations. They not only visit patients in their flats, houses or care homes, but they accompany and comfort family members when the time comes to bid farewell to a loved one, as well as during the period of mourning.

### **The Palliative Ward, Hospice House in the Hospital Complex**

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Lobenhofferstraße 10  
96049 Bamberg  
Tel. 09 51 / 50 31 47 15  
[www.hospizhaus-bamberg.de](http://www.hospizhaus-bamberg.de)  
[palliativstation@sozialstiftung-bamberg.de](mailto:palliativstation@sozialstiftung-bamberg.de)

### **Bamberg Hospice Association**

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Lobenhofferstraße 10  
96049 Bamberg  
Tel. 09 51 / 95 50 70  
[www.hospizverein-bamberg.de](http://www.hospizverein-bamberg.de)  
[kontakt@hospizverein-bamberg.de](mailto:kontakt@hospizverein-bamberg.de)

## **Ecumenical Visiting Service for Old Peoples' Homes and Care Homes**

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Schützenstraße 45  
96049 Bamberg  
Tel. 09 51 / 2 35 53

Further information can also be found under:  
1.11 Churches

## **9.4 Funeral Directors**

When a bereavement occurs, numerous sober decisions have to be made despite the pain of loss. A firm of funeral directors can provide you with the necessary information on implementing a funeral, as well as with direct help and support. Moreover, these undertakers will then be prepared to inform and advise you, should you wish to take on at least some of the tasks involved yourself.

Information about this subject can be found in the brochure *Cemeteries in Bamberg – An Informative Guide*, which is available from the following offices:

### **Department for Cemeteries of the City of Bamberg**

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Hallstadter Straße 28  
96052 Bamberg  
Tel. 09 51 / 87 13 53  
[www.bamberg.de/gartenamt](http://www.bamberg.de/gartenamt)

### **Information Centre of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 10 18  
[www.bamberg.de](http://www.bamberg.de)  
[infothek@stadt.bamberg.de](mailto:infothek@stadt.bamberg.de)

The leaflet *What to Do in Case of Bereavement* can be obtained from the

### **Registry Office of the City of Bamberg**

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Maximiliansplatz 3  
96047 Bamberg  
Tel. 09 51 / 87 11 72  
[www.bamberg.de](http://www.bamberg.de)  
[standesamt@stadt.bamberg.de](mailto:standesamt@stadt.bamberg.de)

Further information can also be found under:  
9.2 Succession, Wills



## Notes

## **Additional Information**

In many cases, detailed information about the offices cited in this brochure is available (for instance, flyers, leaflets, etc.).

Additionally, the following publications are currently available for loan from the office of the municipal official responsible for senior citizens:

- *Study: Poverty and Social Isolation in Old Age*
- *Stock Survey of the Activities and Benefits on Offer for Older People in the City of Bamberg*
- *Supervised Living at Home*  
(A Textbook for Providers of Ambulant Services, Social Institutions and Local Authority Areas)

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Municipal Official Responsible for Senior Citizens  
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(Annexe Rathaus Geyerswörth)  
96047 Bamberg

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No guarantee can be made in respect of the completeness and accuracy of the addresses at the time of going to press.

Requests for alterations, suggestions and additions for the next edition of this brochure will be gratefully received by the office of the municipal official responsible for senior citizens (09 51 / 87 15 14).

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Sources:

Citizens' Information Brochure *Living in Bamberg: Fascination World Cultural Heritage*, 2009 edition

*Stock Survey of Activities and Benefits on Offer for Older People in the City of Bamberg*, information correct as of June 2005

*Guide 2000 for Older People in the City of Bamberg*

## Notes